Local Scene
See what's going on!
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16-year old tobacco-buying 'decoy' wants new law
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Police log
is back!! Page 5.

THE NEWS-LEDGER

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45th Year ◆ No. 29 | Serving the West Sacramento Region Since 1964 | Wednesday, February 25, 2009

'Attempted kidnapping,' or something less?

Police doubt subject grabbed girl in front of West Capitol bowling alley

'He was walking out of the bowling alley when he made a comment to the girl and her family and friends got upset and started chasing him.'

Lt. Tod Sockman
West Sacramento P.D.

Regional media picked up on the report of an attempted kidnapping in West Sacramento on Saturday night – but the report may have been exaggerated. Early accounts from witnesses said that a man had grabbed a five year old girl by the arm in front of Capitol Bowl, a bowling alley at 900 West Capitol Avenue, and that he tried to pull her away with him. Witnesses reported chasing the man, who fled in a vehicle.

But after interviewing witnesses and looking at video, police are no longer sure whether there was an attempted kidnapping.

"Right now, we're looking at it as more of a 'suspicious circumstance' than an attempted kidnapping," said Lieutenant Tod Sockman of the West Sacramento Police Department. "It seems that the suspect had a beer in his hand, and he was walking out of the bowling alley when he made a comment to the girl and her family and friends got upset and started chasing him."

Sockman said it isn't clear what the man said, and whether it was inappropriate.

The subject was described as a Caucasian male, about 30-40 years old, around 5' 5" tall and 200 pounds. His vehicle was a silver SUV similar to a Toyota 4Runner. Authorities are hoping to interview him. The incident occurred about 11:14 p.m. on Saturday night.

Is this woman a security threat?

By Daryl Fisher
Features Editor

Martha Lewis, a longtime West Sacramento resident and grandmother was recently quizzed by local security guards at the Port of Sacramento after she was spotted deadheading dried agapanthus stalks in front of the Port's main entrance.

"I'm a member of the Sacramento Floral Design Guild," explained Martha, "and dead agapanthus stalks look wonderful in floral designs once they have been spray painted and properly arranged. For months I have been driving past those poor, unsightly agapanthus plants in front of the Port and I just assumed I would be doing everyone a big favor by deadheading them. So I broke out my rose clippers and went to work on them. But I hadn't gotten very far when a very large security guard from the Port suddenly wanted to know what I was doing. He seemed to finally accept my explanation and we even had a nice little chat about flowers, but he still insisted that I go with him to his office so he could run my ID and file an official incident report."

"We're actually required by our facility's security plan to question people who come up and look at the Port or take a picture of it," explained the Port's manager, Mike Luken. "The reason Mrs. Lewis was asked to walk back to the office was that we only have a limited number of security officers at the front and he did that so he could be back in the office while he was talking to her. He did not detain her."

"I don't think a 67-year old white-haired lady wielding rose clippers looks too threatening," said Martha, "and I'm certain that no one on this planet looks less like a terrorist than I do, but I do understand they were only doing their job. And they were very nice about letting me carry away my contraband flower stalks."

"We regret that we scared Mrs. Lewis," added Luken, "but the Port is a high threat security area. We did not put her name on any lists."

MARTHA LEWIS was worried earlier this month that she might have made it onto some kind of homeland security threat list. She had been 'deadheading' the agapanthus plants along Industrial Boulevard on Port property when a port guard asked to see her ID and requested that she come with him to the guardhouse to answer a few questions.

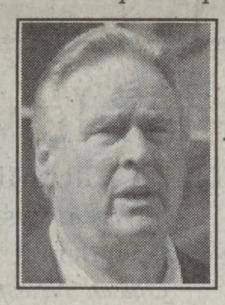
The photo is taken from Industrial Boulevard. Lewis is standing among the plants she was trying to help tend earlier this month. Behind her is the entrance gate to the port. (News-Ledger photo)

Council OKs 'tank farm' project

By Steve Marschke
News-Ledger Editor

With a 4-1 vote on Feb. 11, the West Sacramento approved plans to create a large petroleum storage facility on Port of West Sacramento property near Industrial Boulevard and Halyard Drive. City councilman Bill Kristoff – who "appealed" an earlier approval of the project by the city planning commission and forced the council review, provided the sole vote in opposition.

The council agreed that the project could help West Sacramento's goals by luring two 60-year old petroleum "tank farms" away from waterfront land on South River Road, helping to clear the way for redevelopment there. The project may also attract one or both of the similar tank farms now on Sacramento's riverfront – aiding Sacramento in its own redevelopment plans.



BILL KRISTOFF

City Council Member since 1987

Kristoff was concerned about truck and rail traffic shifting to the Industrial Boulevard and Harbor Boulevard areas.

"I don't think we're properly set up for it now (on Harbor Boulevard) and it will be a number of years before the state will get their act together and get (the interchange) set up for that," he said.

Kristoff also wanted to see the cleanup of the old tank farm sites guaranteed as part of the approval process for the new one.

Mayor Christopher Cabaldon countered that the project in front of the council was from a different applicant, who couldn't be held responsible for any cleanup tasks at the existing sites. And he said that other levels of government are in control of the cleanup process.

"We can't assign an obligation to them," said Cabaldon, referring to the project's applicant, SacPort.

Kristoff also asked whether anyone on the West Sacramento city staff had talked to Sacramento about getting some compensation for the new impacts which could be brought over with the Sacramento tank farms. The answer was "no."

But the council majority felt the SacPort proposal presented the best chance of success for clearing the South River Road riverfront of tank farms.

"They aren't going to go away just because we made them 'nonconforming uses'," said Councilman Wes Beers. "This is really the only viable way I see for the movement of these tank farms."

Special city meeting continues

The West Sacramento City Council will continue a "special meeting" this morning at city hall.

The meeting "will cover a broad range of city matters, procedures, policies and functions," said a description posted and publicized on Thursday.

The meeting began yesterday. It continues today at 8 a.m. in Rooms 157-160 in the civic center galleria, 1110 West Capitol Avenue.

West Sac man killed by Amtrak train

A West Sacramento man was killed by a train on Feb. 16.

West Sacramento police responded to the report of a pedestrian struck by a train at about 2:51 a.m. near Jefferson Boulevard and Sacramento Avenue. Florentino Flores, 49, was pronounced dead on the scene after being hit by an Amtrak train.

The train conductor reported seeing Flores on the tracks, as the train drew near in darkness and rain. The conductor said Flores tried to jump out of the way but failed to avoid the impact.

'Manslaughter' plea in 2008 killing on West Sacramento's Manzanita Way

The suspect in the killing of a Manzanita Way man in 2008 has pleaded guilty to manslaughter, receiving a total sentence of 12 years.

At about 11 p.m. on May 17, police received the report of a man down in the street on the 2000-block of Manzanita Way. They found the victim, 21-year old Keith Murdock, with a severe head wound. He was transported to the UCD Medical Center, where he was pronounced dead.

Ira Lee Daniel, a 22-year old transient, was arrested 24 hours later at the intersection of Sacramento Avenue and Jefferson Boulevard. Police believe that Daniel, a visitor to Murdock's home the night before, had argued with Murdock and then hit him in the head with a blunt object.

Daniel was on parole at the time of Murdock's death.

Watch out for 'official-looking' offers to review your property value (for a fee)

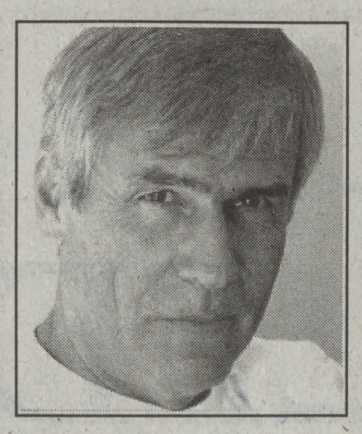
Yolo County Administrator Sharon Jensen is warning of "official-looking" notices that offer to review your property value in return for a $179 fee. The notices are being mailed by a Los Angeles-based company and "resemble" a real tax bill, her office said earlier this month.

County Assessor Joel Butler said the county will review property values and adjust taxes free of charge. Hiring a private company to help isn't necessary.

For more information on property tax assessments, follow the links to the Assessor's Department beginning at www.yolocounty.org.

So, what are your favorite American movies?

My Back Pages



By Daryl Fisher

Note: The 2009 Academy Awards were held this past Sunday and as the shiny gold Oscars were being passed out for movies I have yet to see I was reminded of the following column, penned about a decade ago:

I was reading a magazine awhile back when I happened to run across a list of the American Film Institute's 100 greatest American movies. Apparently leaders of the film industry got together and decided to poll a couple of thousand people (mostly prominent individuals in the American film community) in an effort to select the all-time best movies over the past 100 years from American filmmakers.

As I read through the list, I was surprised at how many of the movies I had actually seen. In fact, with the exception of "The Birth of a Nation", I had seen all of them at one time or another, and most of them I had watched more than once.

"This is pretty scary," I said to my 20-something daughter, who was seated next to me.

"What's scary?" she asked with interest.

"Well, they've got a list of the best 100 American movies in this magazine, and I've seen all of them except one."

"So what's so scary about that?"

"It's just that I didn't think I spent that much of my time watching old movies."

"What are you talking about, Dad? Turner Classic Movies should have you on its payroll! So, what's the number one movie on that list?"

"Citizen Kane."

"Boring. What's number two?"

"Casablanca."

"That one's all right, I guess. I like Ingrid Bergman."

"This list is actually pretty interesting," I said. "They chose "High Noon" as the best western, "The Wizard of Oz" as the best musical, "Star Wars" as the best science-fiction movie, and "The Graduate" as the best comedy."

"No way is "The Graduate" funnier than "Annie Hall," said my daughter with emphasis. "Where is "Annie Hall" on that list?"

"Let's see," I said, scanning the list. "Oh, here it is – number 31."

"Are you kidding me? That's way too low for Annie Hall. Who put that thing together, anyway?"

"People who work in the movie industry."

"Well, if you ask me, they should ask the people who actually go to the movies, not the people who make them."

"Hey, now this is absolutely unbelievable!" I said, suddenly noticing that my favorite movie of all time hadn't even made the top ten.

"What's unbelievable?"

"You're not going to believe this," I said, "but "It's a Wonderful Life" is only number 11."

"Shocking," said my daughter, although I couldn't tell if she was being serious or just taking a shot at me for having made her and her brothers watch that great old movie classic at least once every Christmas season.

As I read on, I discovered that the top 100 films list was interesting in a number of ways. I learned that Steven Spielberg had directed five of the movies on the list ("Schindler's List", E.T.", "Jaws", "Raiders of the Lost Ark", and "Close Encounters"; that Katherine Hepburn was the leading lady in the most films (4); that Jimmy Stewart and Robert DeNiro had tied for being the leading man in the most films (5 each); and that 1939 was the best year in American movie history, with five films from that year on the list ("Gone With the Wind", "The Wizard of Oz", "Mr. Smith Goes to Washington", "Stagecoach", and "Wuthering Heights").

"What's the last movie on that list?" my daughter asked me.

"It's "Yankee Doodle Dandy"," I said.

"Now who in the world ever saw that?"

"James Cagney was in it."

"Did "Titanic" get on that list? Please tell me that it didn't. That movie has got to be the most over-rated movie of all time! It was so bad I could hardly wait for the boat to go down."

"No, I don't see "Titanic" on the list."

"How about "Thelma and Louise"? My friends and I all loved that movie! Which number is it?"

"I don't see it," I finally said after carefully examining the entire list.

"You've got to be kidding me! No "Thelma and Louise"?"

"Sorry."

"They've got "Yankee Doodle Dandy" on there but no "Thelma and Louise"?"

"I'm afraid it looks that way."

"Then I bet men mostly voted for that stupid list."

"Could be."

"Well, if there's no "Thelma and Louise" on there, then you know what you got?"

"No. What?"

"You've got yourself a male chauvinistic bogus list, that's what!"

Something new to read:

Arthur F. Turner Branch Library
840 Jefferson Blvd.
West Sacramento

The Arthur F. Turner Library has received the following new books:

"The Old Farmer's Almanac 2009, Western Edition, Including Weather Forecasts for 16 Regions of the United States" by Yankee Pub. Inc.

"Better Baby Food: Your Essential Guide to Nutrition, Feeding & Cooking for All Babies & Toddlers, 2nd ed." by Daina Kalnins and Joanne Saab.

"Universal Design for the Home: Great-Looking, Great-Living Design for All Ages, Abilities, and Circumstances" by Wendy A. Jordan.

"The Backyard Beekeeper's Honey Handbook: A Guide to Creating, Harvesting, and Cooking with Natural Honeys" by Kim Flottum. Call 375-6465 for information.

OBITUARIES

Florentino "Pancho" Flores

Pancho Flores passed away on February 16, 2009. He was the beloved husband of 29 years to Emily Flores; the cherished son of Tomas and Lola Flores; the loving father of Alex, Luciana and Ariel; and the devoted grandfather of Alicia, Lalo, Juana, Victor, Tela, Irma, Chino, Tomas and Pati.

Recitation of the Rosary was held on February 22, 2009 and A Mass of Christian Burial was offered on February 23, 2009. Both services were at Holy Cross Catholic Church in West Sacramento. Arrangements were under the direction of River Cities Funeral Chapel. Interment was at St. Mary's Cemetery in Sacramento.

Karen Ann Lesly

Karen Lesly passed away at the age of 54 after a short illness. She was born to Linden and Clara Lesly on May 28, 1954 and was a lifelong resident of West Sacramento. She is survived by her mother and her siblings, Linda Wilson (Tom) and Jeffrey (Annette); her niece, Sarah Geivette; her nephew, William Lesly; her cousin, Sandra Goodrich; and many good friends. She was preceded in death by her father and brothers Steven and Timothy.

Karen graduated from James Marshall High School in 1972. She loved her family and friends and her dog, Joey.

KAREN ANN LESLY

She will be greatly missed by all those who knew and loved her.

A celebration of Karen's life will be held on March 1, 2009 at 1 p.m. at Bridgeway Lakes Boathouse, 3650 Southport Parkway in West Sacramento. Condolences can be posted on Legacy.com.

Margaret Darling

Margaret Darling passed away on February 18, 2009. She was born on August 28, 1916 in Fairfield, North Dakota and has called West Sacramento home for the past 29 years. She is survived by her son-in-law, Sherman Smith, and one grandson, Donald Smith. She was preceded in death by her daughter, Susan Stevenson.

Margaret was an active member of the River Bend Senior Manor and the Anna Street Baptist Church. Her pastor, Norman Pollitt, officiated at funeral services held on February 21, 2009 in the River Cities Funeral Chapel in West Sacramento. Private interment took place at Monument Hill Memorial Park in Woodland.

Jeffrey Jay Van Dyke

Jeff Van Dyke passed away on February 20, 2009 in Crescent City. He was born on May 26, 1957 in Bellflower and was raised in West Sacramento. He was employed as a mechanic by Crescent City for 25 years and is survived by his children, Chris Van Dyke, Jennifer Aguilera and Jessica Kirk; his brothers, Kenneth Van Dyke, Larry Van Dyke, and William Van Dyke; and seven grandchildren. He was preceded in death by his parents, longtime West Sacramento residents Bill and Glenda Van Dyke.

Jeff enjoyed fishing and playing cards and also had a love for dachshunds. No services are planned.

'ACROSS THE BRIDGE':
Events around the West Sac region

Camellia show

The 85th Annual Camellia Show will be held on February 28th and March 1st at the Memorial Auditorium, which is located on J Street between 15th and 16th streets in Sacramento. Besides all the beautiful camellias, there will be flower arrangements, pruning demonstrations, camellia plants on sale, and collectable camellia buttons, including one by River City High School student Jessica Schulz. Please call 371-2174

Please see BRIDGE, p. 4

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The News-Ledger is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

The News-Ledger is a newspaper of general circulation by Yolo County Superior Court decrees No. 21893, dated June 1, 1967, and No. 29812, dated June 4, 1973.

The News-Ledger LLC
Successor to founders Julius A. Feher & Michael P. Garten
Steven K. Marschke, Editor
Daryl Fisher, Features Editor
Richard Novoa, Sports Correspondent
Barry Blacklaw, Photographer
Daryl Fisher, Advertising Director

News-Ledger (USPS #388-320) is published weekly. Periodicals Postage paid at West Sacramento CA 95799. POSTMASTER: Send address changes to News-Ledger, 1040 W. Capitol Ave., Suite B, West Sacramento CA 95691-2715.

Price per copy: 35 cents.

Subscription price: $20.00 per year within Yolo County (including West Sacramento); $25.00 per year elsewhere in the United States. Delivery by mail. Call (916) 371-8030.

News submissions: The *News-Ledger* welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the *News-Ledger* office.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the *News-Ledger* office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

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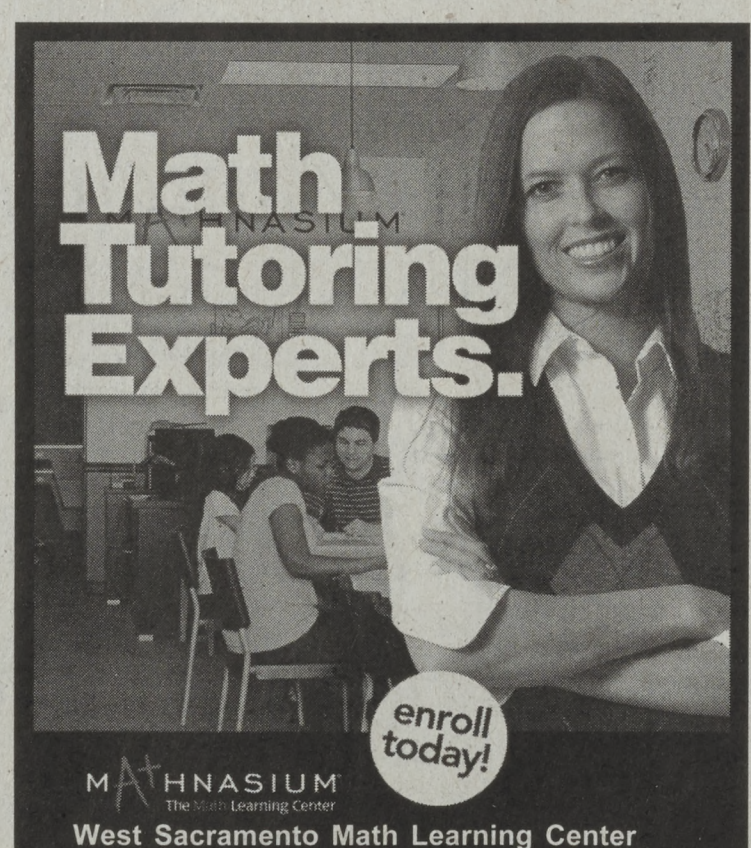

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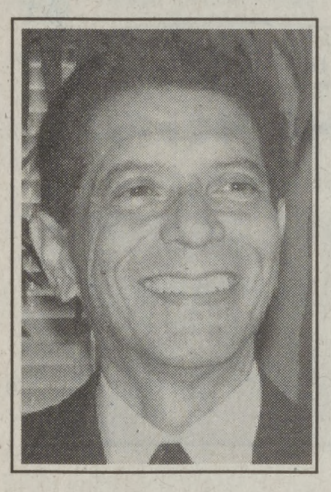


By Richard Novoa

By Richard Novoa

The NBA trade deadline closed on February 19th with the Sacramento Kings being the league's biggest player, clearing the way for some free agents next year by clearing their salary cap for 2009 and 2010 season. General Manager Geoff Petrie either traded or released some of the Kings dead weight players and with this year's losing record the Kings are on track for a top-three draft pick.

The Sacramento Kings started their spring cleaning just a bit early this year by trading Brad Miller and John Salmons to the Chicago Bulls for Drew Gooden, Andres Nocioni, Cedric Simmons and Michael Ruffin, who was then shipped to Portland for Ike Diogu.

The Kings didn't stop their wheeling and dealing last Thursday picking up Rashad McCants and Calvin Booth from Minnesota in exchange for Bobby Brown and Sheldon Williams. The Kings also ended up with Will Solomon who was acquired from Toronto with some cash from Boston in a three-team trade that sent a Kings 2014 second-round pick to the Celtics for Sam Cassell. The Kings then released newly acquired Celtics guard Sam Cassell and waived little-used reserve guard Quincy Douby.

The Kings almost completed their full team makeover by trading Kenny Thomas ($8.7 million 2009/10) to New York for Nate Robinson but the deal fell through in the closing minutes of the trading deadline. Most of the players added to the roster have expiring contracts which will make the Kings really competitive in the free agent market next season.

As it stands, the Kings have seven players with expiring contracts and are committed to a payroll of around $45 million putting them under the cap by at least $15 million. The Kings also have two first round draft picks and one second choice in June's draft.

The action didn't stop there, because the Kings were committed to clean up the whole house including the basement and attic, so they released Mikki Moore early, saving another $4.2 million. The Kings rebuilding process will continue through the 2009 season with the next logical move being to hire a new coach to develop this young team into a playoff contender.

I knew the Kings were going to make a few trades before the trade deadline but this was beyond my wildest imagination. Have you heard the old saying "Be careful what you wish for"? Well, I not only got my wish - I got the whole enchilada!

Kings Korner

The Kings (12-45), who are still last in the Pacific Division, will be hosting the Charlotte Bobcats on Wednesday (7 p.m.-CSN) and the Clippers on Friday (7 p.m.-CSN). The Kings will travel to Utah on Saturday (6 p.m.-CSN) and then return to the Arco on March 3rd to host Indiana.

Diamond Notes

The final rosters for this year's World Baseball Classic will be released on Tuesday evening and are expected to include such Major League stars as Derek Jeter for Team USA, Ichiro Suzuki for defending champion Japan, David Ortiz for the Dominican Republic and Jason Bay for Team Canada.

Unlike in 2006, when Japan defeated Cuba to win the inaugural Classic championship at PETCO Park, teams will cross over to create new matchups at Los Angeles in each semifinal bracket. Thus, one winner from San Diego will play a winner from Miami, with the others doing the same in the semis, which will be single-elimination games. The winners go to the finals, the losers go home.

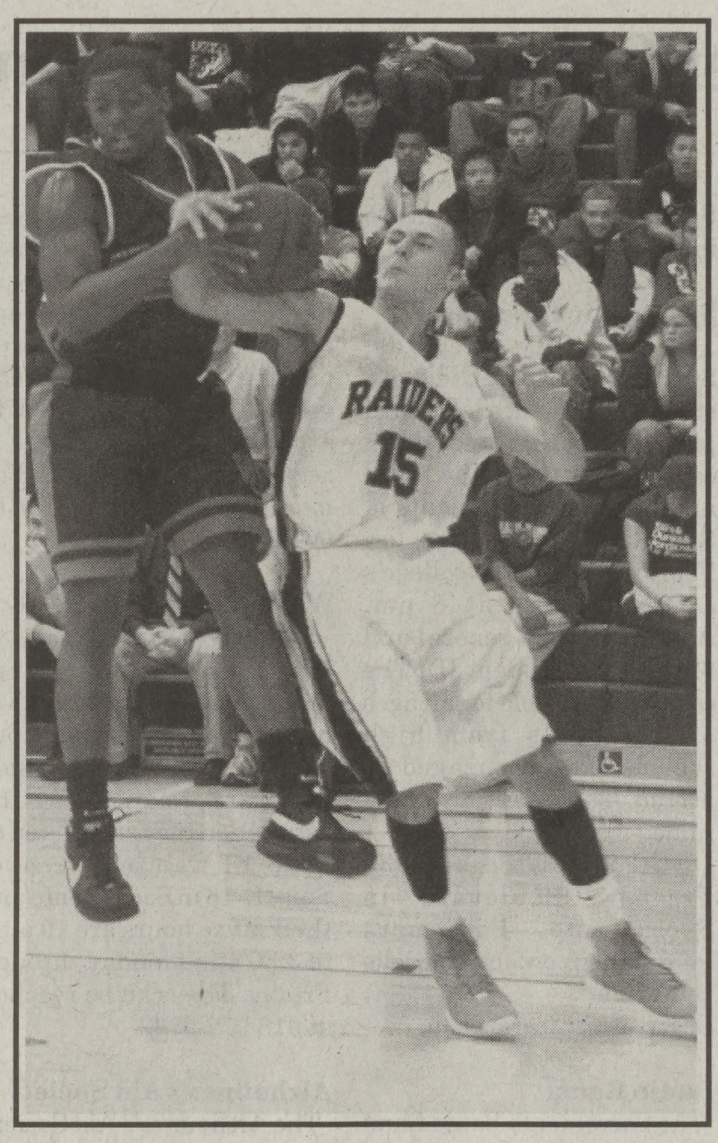
The Tournament was well attended in 2006 with 737,112 tickets sold at the seven venues which were held in Japan, Puerto Rico and the U.S., and the final-game attendance for Japan vs. Cuba in San Diego was 42,696.

This year's first-round games are slated for Tokyo Dome from March 5-8; Hiram Bithorn Stadium in San Juan, Puerto Rico, from March 7-11; and Toronto's Rogers Centre and Foro Sol Stadium in Mexico City from March 8-12. The second round is at San Diego's PETCO Park and Miami's Dolphin Stadium, with the games being played in those venues from March 14-19. Dodger Stadium will host the semifinals and finals from March 21-23.

Between the Ropes

Boxing returns to the Arco on March 26th featuring Woodland's Vicente Escobedo (19-1-0, 12 KO) against Kevin Kelly (60-9-2, 39 KO) in 10 round main event. Escobedo, 27, has won 10 consecutive bouts since losing his only pro bout in April 2006. Promoter Don Chargin is trying to line up Vicente for a title shot later this year!

Enjoy your day – see ya next week!



The River City High School Raiders brought their basketball record to 19-8 on Friday with a home-court win over Del Campo.
ABOVE: The Raiders' Yevgeniy Dyachenko grapples for a rebound
ABOVE RIGHT: Jaime Alvarez lifts off for a jump shot
RIGHT: Gage Ostatnik flies high to defend a Del Campo shot
News-Ledger photos by ERIC HARDING

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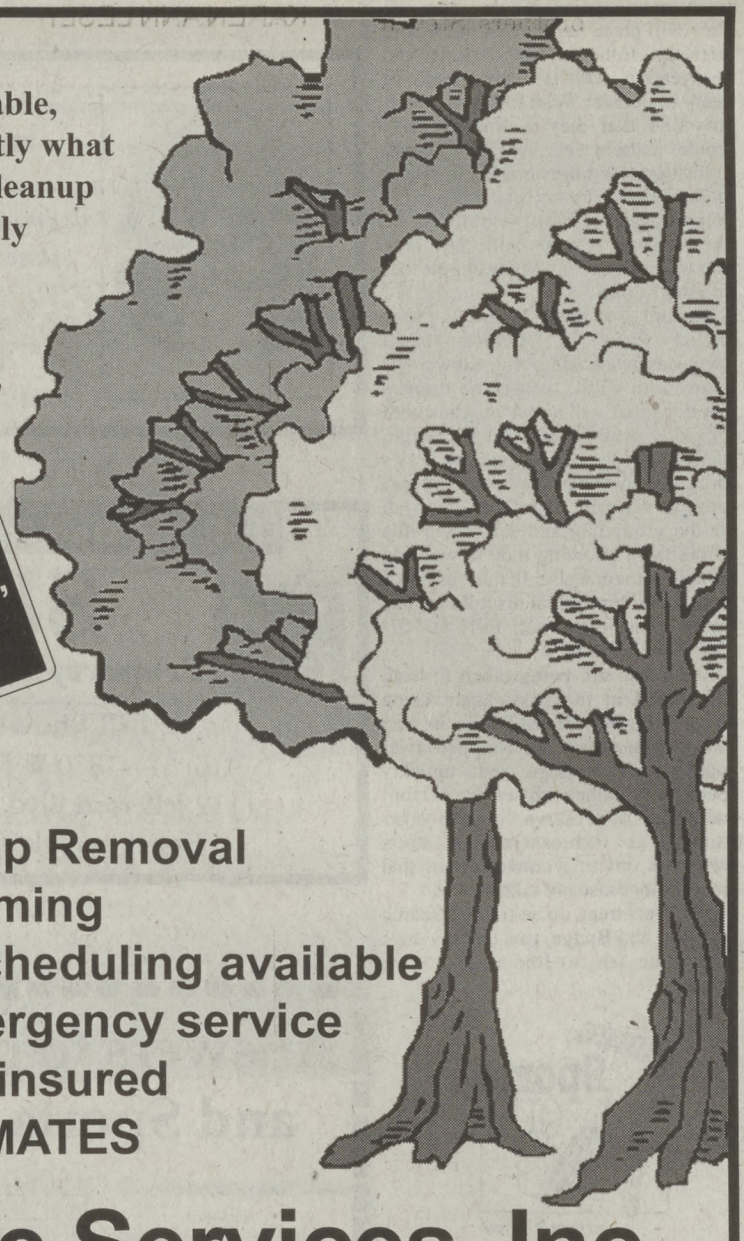

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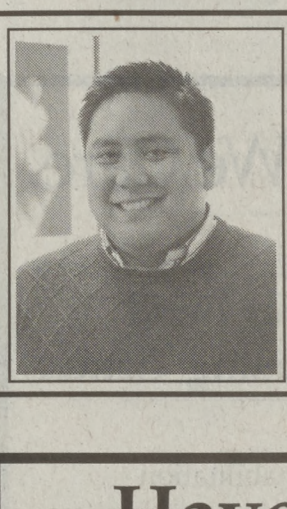

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'Across the Bridge': events around the region

continued from page two

and ask for Julie if you have questions regarding entering or if you would like to purchase a 2009 camellia button for $1.

Japanese food festival

The Sacramento Buddhist Church Women's Association will host their annual Spring Japanese Food Festival which supports the church's affiliated organizations such as the Girl and Boy Scouts and numerous other youth groups. Featured Japanese food available for purchase includes chicken teriyaki, maki and inari sushi, beef teriyaki sandwiches, pastries and much more. Admission is free. The Sacramento Buddhist Church is located at 2401 Riverside Boulevard in Sacramento. For more information call 446-0121.

Pi day celebration

The Sacramento Walking Sticks will host a 5K and 10K walk on March 14th in celebration of Pi Day. The event will take place at Starbucks on 458 Howe Avenue in Sacramento in the Safeway shopping center with registration to begin at 3:14 pm. The two routes are both relatively flat and will take people into the University area just east of CSUS and into the campus, along the American River, and through established neighborhoods. Strollers and dogs are welcome.

Antique show and sale

Exhibitors from four states with quality antiques and collectibles will be featured at the Dixon May Fair on March 7-8 benefitting charities supported by Soroptimist International of Dixon. Admission is $4. For more information call 707-678-5529.

African American collectibles

The Folsom History Museum will be showcasing a private college of African American memorabilia and collectibles until March 8th. The exhibit will also show how companies mass produced items depicting black people as second class citizens using caricatures and other negative images. The museum is open Tuesday through Sunday from 11-4. It is located at 823 Sutter Street in historic Folsom. Admission is charged.

New at the Crocker Museum

Showcasing more than 40 images of the Buddha dating from the first millennium to modern times, the Crocker Art Museum's new Buddha exhibition will run from January 31st to April 19th. The exhibition explores the differences of Buddhist belief revealed through the depiction of the Enlightened One. The Crocker Art Museum is located at 216 O Street in Sacramento. For more information call 808-7000.

SCC music fundraiser

DiverCity Records, Sacramento City College's student-run record label, will present its spring fundraising concert, featuring the vocal and instrumental talents of Sac City students, on February 19th in the college's Little Theatre at 8 pm. Admission is $5 general and $2 with any student ID. The concert is suitable for all ages and students from high schools are encouraged to attend. There will also be a raffle.

SCC is located at 3835 Freeport Boulevard in Sacramento. For more information contact Gabrielle Beatrice at BeatriG@scc.losrios.edu.

Banjo Rama

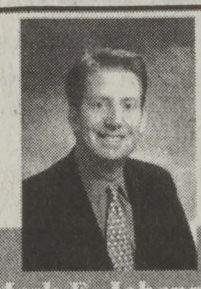
The Sacramento Banjo Band is holding its annual Banjo Rama on March 1st from 11:45 am to 5:30 pm at the Carmichael Elks Lodge, 5631 Cypress Avenue in Carmichael (near Manzanita and Cypress). The Banjo Rama provides an afternoon of happy music for the whole family and will be played primarily on the four-stringed banjos. Numerous bands will perform and food, refreshments and free parking will be available. The general public is invited to attend and a $20 donation is requested at the door. For more information, call 916-967-2318.

Widowed persons meet

The Widowed Persons Association of California meets regularly and also hosts numerous events throughout the year. If you are interested in more information about the association they are located at 2628 El Camino Avenue, Suite D-18 in Sacramento and their office hours are 10 a.m. to 3:30 p.m Monday through Friday. They can be reached at 916-972-9722.

Alzheimer's Aid Society

The Alzheimer's Aid Society of Northern California Support Group meets on the first and third Thursdays of each month at its Sacramento office, located at 2641 Cottage Way, Suite #4. There will be share and care time at each meeting. For more information call 448-7001.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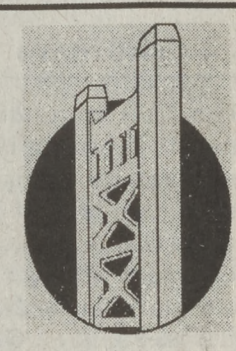
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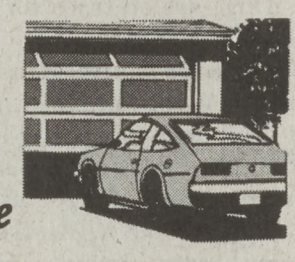
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Para obtener más información, comuníquese con Mercy Housing California al teléfono (916) 414-4400. Personas con deficiencias auditivas pueden llamar a la línea de teléfono gratis de TDD (800) 735-2929.
Equal Housing Opportunity
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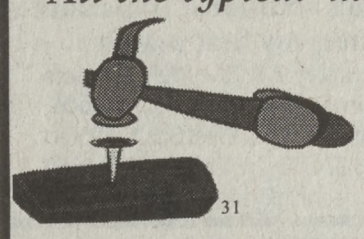
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Now here's a tip!

by Jo Ann Derson

• "When you come home from the grocery store, stack the meats in your freezer according to expected use. For instance, if you are going to have pork chops on Monday and fish on Friday, you'd want to put the pork chops on top of the fish. This way, you need not dig around for what you need to defrost. And make sure you wrap everything well." — A.R. in Oregon

• "This is a tip for when you drop a glass or when something glass shatters. It can be easy to pick up the big pieces carefully, but the little shards are a nightmare to get up. Use a piece of bread. Just sweep up what you can find as best you can, then give the whole area a 'sweep' with a piece of white bread. It's like magic, and the tiny pieces of glass won't poke through, as they do a paper towel." — Y.S. in Pennsylvania

• "Here's something many people don't think about. As spring and summer bring nicer temperatures, we tend to leave our windows open to air out the house. Even sometimes when we are not home, we might leave a few upstairs windows open. If you do this, make sure you don't store ladders on the outside of your home or have a trellis or close-by tree that makes it easy for a burglar to access the second floor of your home." — V.F. in Indiana

• Whether you recycle because of global warming, landfill overload or environmental issues, the planet thanks you. But remember that recycling is only one part of going green. "Reduce" and "re-use" are just as important. Choose products with less packaging. Have small appliances fixed instead of automatically replacing them. And keep recycling.

Trivia test

by Fifi Rodriguez

1. TELEVISION: What was the theme song to the sitcom "Friends" and who sang it?
2. GEOGRAPHY: The Yakima River flows through which U.S. state?
3. MUSIC: Who recorded the 1970s hit "The Boys Are Back in Town"?
4. COMICS: Which comic strip featured a character called "Dragon Lady"?
5. MEDICINE: What is meant by the term "palpate"?
6. FOOD AND DRINK: What is tagliatelle?
7. CHILDREN'S LITERATURE: Where did the Grinch live in the Dr. Seuss story?
8. MOVIES: What was the name of the mad scientist in "The Rocky Horror Picture Show"?
9. GENERAL KNOWLEDGE: What does the Swahili word "Kwanzaa" mean?
10. FAMOUS QUOTES: Which standup comedian once said, "I went to a fight the other night, and a hockey game broke out"?

Answers

1. "I'll Be There For You" by the Rembrants
2. Washington
3. Thin Lizzy
4. Terry and the Pirates
5. Examine by touch
6. Type of pasta
7. Mount Crumpit
8. Dr. Frank-N-Furter
9. First fruits
10. Rodney Dangerfield

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VETERANS ★ POST ★

by Freddy Groves

Dogs Help Vets Cope With PTSD

There's new ammo in the hunt for a fix for post-traumatic stress disorder. For some veterans, the answers lie in dogs.

But not just any dogs. Specially trained dogs are being given to some veterans suffering from PTSD, and in many cases, it's working.

When out in public, the dogs' presence invites social conversation, yet they will place themselves physically between someone approaching and the veteran, who is likely to still be leery of contact. With the dogs, veterans find that they're able to leave home without fear and can slowly transition to a more normal life. Many of the dogs are trained in prisons in the Puppies Behind Bars program, where they spend a year with specially trained prisoners [www.puppiesbehindbars.com].

To turn the tables a bit, a group called Paws for Purple Hearts [www.assistancedog.org] allows veterans with PTSD to become trainers for dogs that will assist veterans with physical disabilities. Run by Bergin University in California, the Paws program gives a needed sense of purpose to veterans with PTSD, as well as the grounding and self-worth that come from knowing they're working to help someone else. In this case it's a veteran with physical disabilities. For more information, call PPH at 707-545-3647 ext. 28.

Steps also are being taken to head PTSD off at the pass, again using dogs. Combat Stress Teams in Iraq and Afghanistan are shipped over with therapy dogs that quickly become popular with service personnel. The dogs serve, among other things, as icebreakers and stress relievers, inviting conversations that might otherwise not take place.

For a real treat, do an Internet search for Boe and Budge, two therapy dogs that were sent to Iraq with a stress team.

Sports QUIZ

by Chris Richcreek

1. When was the last time before 2008 that the National League had a 20-game winner?
2. How many times did Kansas City Royals great George Brett lead the American League in batting average for a season?
3. Name the last season in which the Florida State football team did not go to a bowl game.
4. Who was the last player to win the NBA's MVP and Defensive Player of the Year awards in the same season?
5. The San Jose Sharks set an NHL record in 2008-09 for the best start to the season (25-3-2). Who had held the mark?
6. Who were the two race-car drivers the Associated Press named "Driver of the Century" in 1999?
7. In what year was the first class inducted into the International Tennis Hall of Fame?

Answers

1. Three N.L. pitchers won at least 20 games in 2005.
2. Three times (1976, 1980, 1990).
3. The 1981 season.
4. Hakeem Olajuwon in 1994.
5. The 1929-30 Boston Bruins were 35-4-1 through 30 games.
6. Mario Andretti and A.J. Foyt.
7. It was 1955.

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Answers to puzzles (p. 8) and Sports Quiz (p. 3)

Weekly SUDOKU — Answer

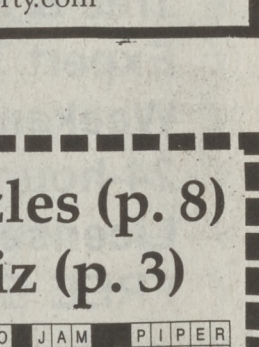
1	5	6	4	2	3	9	7	8
4	9	2	8	5	7	6	3	1
8	3	7	9	6	1	4	2	5
7	2	9	3	4	8	5	1	6
3	1	5	6	9	2	7	8	4
6	8	4	7	1	5	3	9	2
2	7	1	5	3	6	8	4	9
9	6	8	1	7	4	2	5	3
5	4	3	2	8	9	1	6	7

Differences: 1. Camera lens is longer. 2. Mom's shoes are black. 3. Cabinet door is different.4. Dad's shirt has no collar. 5. Chair back is gone. 6. Spoon has been moved.

BOOSTS		FLO		JAM		PIPER
ARTURO		OIL		ALI		CAMERA
NATIONALVELVET						ALBANY
GLO		PINK		GEE		ZAP		URIS
	CHAT			OLLIE		EYE	
PEPPY		MARNIE		ROAD		
ARIA		STIRLINGMOSS		CST
LIL		URGES		ABET		OHO
MELD		SOUS		ADELE		OSTEO
	ORNATE		ASEA		UNTIL
HOWIE		SLUSHFUND		NOOKS
ANTES		STET		GORDON	
LEAST		ARSON		AURA		TWIT
VAL		ERLE		TRYIT		ODE
ELK		GOLDENFLEECE		JOEL
	AGEE		TOUCAN		PEDAL
	LAM		GEORG		SCOT	
HERA		EEL		WIT		DAHL		SET
EMOTED		FEATHERWEIGHTS
RAMONA		ILL		ICU		STRATA
STALE		NIK		NOM		SERGER

Go Figure!

1	+	3	x	5	20
+		x		+	
6	x	7	–	9	33
x		+		÷	
4	x	8	–	7	25
28		29		2	



Police log

Feb. 16, 7:41 a.m.
Windows were smashed over the weekend at a Harbor Blvd. tire store.

Feb. 16, 9:31 a.m.
A vehicle was reported stolen during the night from Touchstone Place.

Feb. 16, 10:38 a.m.
A Park Blvd. resident reported that a neighbor had been setting a timer to cause a loud "boom" in the night.

Feb. 16, 11:10 a.m.
A caller said their were two subjects "cruising" the parking lot of a retail center on Riverpoint Court, trying to sell stereos from out of their Ford Explorer.

Feb. 16, 10:59 a.m.
An audio alarm was reported at the high school. Other alarms followed at 11:35 a.m., 11:58 a.m. and 5:27 p.m.

Feb. 16, 4:49 p.m.
A caller reported that a motorcyclist was riding at high speeds near Davis Road and Antioch Avenue.

Feb. 16, 10:31 p.m.
A group of teens was reported to be in the street dancing to loud music on Bonaire Road.

Feb. 17, 8:20 a.m.
A fast food restaurant near West Capitol Avenue and Harbor Boulevard reported that burglars had stolen cash and a computer.

Feb. 18, 6:15 a.m.
A Maryland Court resident reported a subject was trying to get in through the front door.

Feb. 18, 11:45 a.m.
On Cascade Street, a 24-foot "U-Haul" owned by the caller's late mother was reported stolen.

Feb. 18, 12:34 p.m.
A Michigan Blvd. resident reported a case of ID theft.

Feb. 18, 3:50 p.m.
A woman on Limewood Road reported a case of identity theft. She said someone had ordered satellite television service using her personal information.

Feb. 18, 6:01 p.m.
On the 1200-block of West Capitol, a subject entered a jewelry store and asked to see a set of engagement rings. The subject put one on and tried to distract the salesperson while grabbing the box of rings. The salesperson grabbed the thief's hand, but the thief pulled away and fled on foot.

Feb. 18, 6:38 p.m.
A Glide Avenue resident reported that a female had been on the scene breaking things and was possibly on drugs. The subject broke out a window, and then drove away in an Oldsmobile Cutlass.

Feb. 18, 4:14 p.m.
A man on Bryte Avenue reported he was assaulted by a neighbor during a dispute about the neighbor's dogs.

Feb. 19, 1:14 a.m.
An officer contacted a 36-year old West Capitol man near his home, after seeing him drive. The subject consented to a vehicle search, and methamphetamine was found in a hypodermic syringe. The man also had a suspended driver's license. He was arrested.

Feb. 19, 1:19 a.m.
A Sacramento Avenue mobilehome park resident reported hearing someone shaking the iron screen on the front door, trying to get in. When the resident shouted, the subject had taken off running.

Feb. 19, 6:13 a.m.
A Douglas Avenue resident reported that the side window of a vehicle was broken with a rock, and a GPS was taken.

Feb. 19, 9:05 a.m.
A 46-year old West Capitol man was pulled over for a vehicle code violation near 5th and C streets, and was then arrested after assaulting an officer.

Feb. 19, 6:57 p.m.
A Greenwood Avenue resident reported that juveniles were playing basketball across the street, and kept coming onto the resident's lawn to retrieve their ball. The resident said the youths did not listen when told to stay off the property.

Feb. 19, 9 p.m.
A Ryer Island resident reported discovering that the home was burglarized. Entry was forced through the garage side door, and property was missing.

Feb. 19, 9:55 p.m.
A suicide threat was reported in the north area.

Feb. 21, 4:15 p.m.
An officer contacted a 51-year old male transient who was yelling in the middle of the street near G and 7th streets. The man had an outstanding warrant and was arrested.

Feb. 21, 11:15 p.m.
Near Reed Avenue and I-80, an officer stopped a 2003 Infinity for a vehicle code violation. A passenger was found to be a registered drug offender who had an outstanding warrant. The passenger was arrested and booked.

Strange BUT TRUE

By Samantha Weaver

• It was noted American journalist, essayist, satirist and critic of culture H.L. Mencken who made the following sage observation: "Strike an average between what a woman thinks of her husband a month before she marries him and what she thinks of him a year afterward, and you will have the truth about him."

• It may seem odd, but the Drug Enforcement Agency supports, in a fashion, a publication that advocates the legalization of cannabis; the DEA has three subscriptions to the magazine High Times.

• There was a time when cartoon character Fred Flintstone appeared in ads for Winston cigarettes.

• In an anthropological study once conducted in Papua New Guinea, it was found that one in three adult deaths were the result of homicide. And it seems that those murdered were often targeted because they were suspected of practicing sorcery.

• There seems to be quite a rivalry between the towns of Rosehill, N.C., and Wilmington, Del. Both locales claim to be the home of the world's largest frying pan, with a diameter of 10 feet. This begs some questions, of course: How many eggs are being fried at once to require such a large piece of cookware? And what sort of stove is required to heat such a mammoth pan?

• In today's troubled economic times, you might not be surprised to learn that in his famed "Devil's Dictionary," Ambrose Bierce defined a corporation as "an ingenious device for obtaining individual profit without individual responsibility."

• According to estimates made by United Nations researchers, approximately 25 languages became extinct in 2008, meaning the last native speaker had passed away.

• If you're one of those folks who loves to strum an imaginary guitar along with the music, here's an invention you need to know about: Scientists in Australia have created a T-shirt just for air guitarists. The shirt has motion sensors that relay the wearer's movements to a computer, allowing these wanna-be musicians to play real music.

• It is not known today which politician in 1974 made the following observation: "Solar energy is not something that is going to come in overnight." It also is not know if the play on words was intentional.

• In the 1860s, there was actually legal currency printed in the United States with an image of Santa Claus on it. It was issued by Saint Nicholas National bank of New York City.

• It's been projected that within the next 12 years, only 15 percent of the world's English-speaking population will be native speakers of the language.

• Forbes magazine has ranked the most expensive sports to participate in. You probably won't be surprised to learn that yacht racing, vintage auto racing and polo top the list.

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News-Ledger Directory *of* Local Places *of* Worship

Anna Street Baptist Church Rev. Norman Pollitt, 371-6560 1400 Anna St., W. Sac. Sunday Worship 11 a.m.	**Community Lutheran Church** Rev. Marjorie C. Beach, Pastor 920 Drever St., 371-8804 10 a.m. Worship/Sunday School Friendly, inclusive faith language, Progressive thea/logy LGBT, Interfaith folks welcome www.community-lutheran-church.net	**Our Lady of Grace Catholic Church** 911 Park Blvd., 371-4814 Father Jos. Karikattil, Pastor Masses: Sat. Vigil 5:30pm Sunday 9 & 10:30 a.m. Weekdays 7 a.m. No Mass on Thursday
Center for Spiritual Awareness 1020 W. Capitol Ave., 374-9177 Sun. services 9 & 11 am Meditation at 10:30 a.m. Praise & worship 10:45 a.m. Junior church for all ages at 11 am	**Church of Jesus Christ of Latter Day Saints** 2667 Linden Road Bishop Laramie Taylor (916) 743-5265 Sunday Meeting Times: Sacrament Meeting, 9 a.m. PUBLIC WELCOME!	**Seventh Day Adventist Church** Frank Hightower, Elder 519-5329 2860 Jefferson Blvd., W. Sac. PO Box 447, W. Sac. 95691 Sat. Sabbath School 9:30 a.m. Worship 11 a.m. 372-6570
Trinity Presbyterian Church 1500 Park Blvd., W. Sac. Rev. Steve Whitney (916) 371-5875 9am: Family-Friendly Contemporary Service 11am: Blended Traditional & Contemporary Service 5pm Casual, Contemp. Service	**Holy Cross Catholic Church** 1321 Anna St. (near Todhunter) Pastor Giancarlo Mittempergher Sat. Vigil 5 p.m. (English) Sunday 9 (English) Noon & 7 p.m. (Spanish) Mon 8:30am, Tues-Wed 7am, Thurs. 6:45 (Spanish), Fri. 8:30 a.m. Call 371-1211	**First Southern Baptist Church** Rev. Don Parker Sun. School 9:30 a.m. Sun. Worship 11am Wed. 6:30pm Prayer Meeting & Bible Study 2124 Michigan Blvd. 371-2111
SouthPort Community Church Pastor Bruce Maier Celebration Worship Sunday 10:30 a.m. KidLand during service. Youth & Small Group Ministry for All Ages. Call 372-7818. Meets at 2919 Promenade St. www.southportcommunity.com	**WestSide Covenant Church** Worship Services at Collings Teen Center 1541 Merkley Ave. Sundays 10 a.m. & 6 p.m. www.westsidecov.org 371-3933	**New Discovery Christian Church** Now meeting at Bryte Elem. School, 637 Todhunter Ave., West Sacramento at 10:30 a.m. Nondemoninational. Casual dress. Pastor Jerry Green (916) 933-2351
Horizon Christian Fellowship Rev. Claude J Perez, Sr., Pastor 1800 Manzanita Way, 371-3458 SUN. Worship 9:15 am, 11 am & 6pm WED. Bible Study 7pm 'Celebrate Recovery', 'Girls Ministries' & 'Royal Rangers', all at 6:30 p.m. THURS. Youth Group 7pm	**Radiant Life Church of West Sacramento** 3605 Gregory Ave (in Southport, where Jefferson, Davis & Gregory meet) Worship Sun. 10 a.m. Youth Tuesday 6:30 p.m. Call 371-6706 Visit: www.radiantlifewest.com	**Fresh Oil KingdomMinistries** Meeting every Sunday at 3pm Turner Library Community Rm 1212 Merkley Ave (916) 617-4377 Bible-based ministry. Pastors: William & Rachel Wiley Bible study each Wed. 7pm, 1479 Barona St., W Sac.

Loan: OAKVILLE RESERVE, LTD. Other: 3898594 File: 08-10-015 CS Investor Loan#: A.P. Number 046-260-013 Notice of Trustee's Sale under Deed Of Trust YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED June 1, 2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that Foreclosure Resources, Inc., a California Corporation, as Trustee, or Successor Trustee, Or Substituted Trustee pursuant to the Deed Of Trust executed by OAKVILLE RESERVE, LTD., A FLORIDA LIMITED PARTNERSHIP (QUALIFIED TO DO BUSINESS IN CALFORNIA AS OAKVILLE RESERVE, L.P.) recorded on 06/27/2006 as Instrument No. 2006-0024967-00 in Book N/A Page N/A of official records in the office of the County Recorder of Yolo County, California, and pursuant to the Notice Of Default and Election to Sell thereunder recorded 10/28/2008 in Book N/A, Page N/A, as Instrument No. 20080032428 of said official records, will sell on 03/11/2009 at At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA at 12:45 P.M. at public auction to the highest bidder for cash (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: BEGINNING AT A POINT ON THE RIGHT BANK OF THE SACRAMENTO RIVER ON THE LINE DIVIDING S.L.S. 300 AND 372, IF EXTENDED SOUTHEASTERLY TO THE SAID RIGHT BANK OF THE SAID SACRAMENTO RIVER; THENCE FROM SAID POINT OF BEGINNING ALONG THE SAID DIVIDING LINE AND ITS SAID EXTENSION NORTH 64 DEG. 21'33" WEST 610.27 FEET; THENCE LEAVING SAID LINE NORTH 25 DEG. 40'27" EAST 660.95 FEET; THENCE SOUTH 64 DEG. 17'33" EAST 496.36 FEET TO THE RIGHT BANK OF THE SACRAMENTO RIVER; THENCE DOWNSTREAM ALONG THE MEANDERINGS OF THE RIGHT BANK OF SAID RIVER TO THE POINT OF BEGINNING. ALSO SHOWN AS PARCEL A IN THAT CERTIFICATE OF COMPLIANCE RECORDED JULY 23, 2002 AS INSTRUMENT NO. 30108, OF OFFICIAL RECORDS, YOLO COUNTY. EXPECTING THEREFROM ANY AND ALL RIGHT, TITLE AND INTEREST OF THE STATE OF CALIFORNIA WITHIN THE NATURAL BED OF THE SACRAMENTO RIVER BELOW THE LINE OF ORDINARY HIGH WATER AND ALSO EXCEPTING ANY ARTIFICAL ACCRETIONS WATERWARD OF SAID LINE OF ORDINARY HIGH WATER. ALSO EXCEPTING THEREFROM AN UNDIVIDED 1/2 INTEREST IN ALL OIL, GAS AND MINERAL RIGHTS AS RESERVED IN THE DEED EXECUTED BY ISABELLA M. LAVEZZO, ET AL., RECORDED SEPTEMBER 28, 1960 IN BOOK 615 OF OFFICIAL RECORDS, PAGE 576. APN: 046-260-013 THE BENEFICIARY HEREBY ELECTS TO CONDUCT A UNIFED SALE. SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF. EXHIBIT "A" Exhibit "A" TOGETHER WITH: All right, title and interest which Trustor now has or may later acquire in such real property and all appurtenances, easements, rights of way, tenements, here ditaments and appurtenances thereunto belonging or in any way appertaining thereto now or hereafter, and all of the estate, right, title, interest, claim, demand, reversion or remainder whatsoever of Trustor therein or thereto, at law or in equity, now or hereafter in possession or expectancy, including, without limitation, all mineral, oil, and gas rights and royalties and profits therefrom, all water and water rights and shares of stock pertaining to water and water rights, and all sewers, pipes conduits, wires and other facilities furnishing utility or services to the real property (collectively, the "Land"); TOGETHER WITH: All right, title and interest which Trustor now has or may later acquire in and to all buildings, structures and improvements now or hereafter erected on the Land, including, without limitation, all plant equipment, apparatus, machinery and fixtures of every kind and nature whatsoever now or hereafter located on or forming part of said building's structures and improvements (collectively, the "Improvements"; the Land and Improvements being hereinafter sometimes collectively referred to as the "Premises"); TOGETHER WITH: All rights, title and interest which Trustor now has or may later acquire in and to the land lying in the bed of any street, road, highway or avenue now or hereafter in front of or adjoining the Premises; TOGETHER WITH: Any and all awards heretofore or hereafter made by any governmental authorities (federal, state, local or otherwise) to Trustor and all subsequent owners of the Premises which may be made with respect to the Premises as a result of the exercise of the right of eminent domain, the alteration of the grade of any street or any other injury to or decrease of value of the Premises, which said award or awards are hereby assigned to Lender; TOGETHER WITH: Any claims under and proceeds of any insurance policies by reason of or related to a loss of any kind sustained to the Premises, now or hereafter, whether or not such policies name Lender as an insured and whether or not such policies are required by Lender, and whether or not such claims thereunder are characterized as personal claims; TOGETHER WITH: Any and all unearned premiums accrued, accruing or to accrue, and the proceeds of insurance now or hereafter in effect with respect to all or any portion of the Premises; TOGETHER WITH: Any and all claims or demands which Trustr now has or may hereafter acquire against anyone with respect to any damage to all or any portion of the Premises; TOGETHER WITH: All goods, equipment, machinery, furniture, furnishings, trade fixtures, appliances, inventory, building materials, apparatus, utensils, vehicles, wiring, pipes, conduits, elevators, escalators, heating and air conditioning equipment, chattels and articles of personal property, including, without limitation, any interest herein now or at any time hereafter affixed to, attached to or used in any way in connection with or to be incorporated at any time into the Premises or placed on any part thereof wheresoever located, whether or not attached to or incorporated in the Premises, together with any and all accessions, accessories, attachments, and replacements thereof, appertaining and adapted to the complete and compatible use, enjoyment, occupancy, operation or improvement of the Premises; TOGETHER WITH: All instruments, investment property, deposit accounts, accounts, contract rights, general intangibles, and other intangible property and rights now or hereafter relating to the foregoing property, or the operation thereof or used in connection therewith, including, without limitation, all options, letters of intent, and rights of first refusal of any nature whatsoever, covering all or any portion of such property, together with any modifications thereof, and deposits or other payments made in connection therewith, existing and future development rights, permits and approvals, air rights, density bonus rights, and transferable development rights; all of Trustor's right, title, and interest in and to any awards, remunerations, settlements, or compensation heretofore made or hereafter made by any and all courts, boards, agencies, commissions, offices, or authorities, of any nature whatsoever for any governmental unit (federal, state, local or otherwise) to the present or any subsequent owner of the foregoing property, including those for any vacation of, or change of grade in, any streets affecting the foregoing property and any and all licenses and privileges obtained by Trustor from non-governmental sources; TOGETHER WITH: All leases ofthe Premises, Personalty, Fixtures, or any part thereof, now or hereafter entered into and all right, title and interest of Trustor thereunder, including, without limitation, cash or securities deposited thereunder to secure performance by the lessees of their obligations, thereunder (whether such cash or securities are to be held until the expiration of the terms of such leases or applied to one or more of the installments of rent coming due immediately prior to the expiration of such terms); all other rights and easements of Trustor now or hereafter existing pertaining to the use and enjoyment of the Premises; and all right, title and interest of Trustor in and to all declarations of covenants, conditions and restrictions as may affect or otherwise relate to the Premises; TOGETHER WITH: All permits, plans, licenses, specifications, subdivision rights, security interests, contracts, contract rights, public utility deposits, prepaid sewer and water hook-up charges, or other rights as may affect or otherwise relate to the Property (as hereinafter defined); TOGETHER WITH: All rents, income, issues and profits (subject, however, to the rights given in this Deed of Trust to Lender to collect and apply same), including, without limitation, the accounts, revenues, and proceeds of any business operation conducted by or on behalf of Trustor on or through the use of the Premises, prepaid municipal and utility fees, bonds, revenues, income, and other benefits to which Trustor *may now or hereafter be entitled to*, or which are derived from, the Property or any portion thereof or interest therein. The foregoing listing is intended only to be descriptive of the property encumbered hereby, and not exclusive or all inclusive. It is the intent of Trustor to encumber hereby all property located or to be located upon the above-described real property. Said real property (or the leasehold estate if the Deed of Trust encumbers a leasehold estate), buildings, improvements, appurtenances, Fixtures, Personalty, additions, accretions, and other property are herein referred to as the "Property." As used herein, the term "Fixtures" shall include all articles of personal property hereinabove described, now or hereafter attached to, placed upon for a definite term, or otherwise used in connection with the Property, and shall include trade fixtures and goods which are or are to become fixtures. As used herein, the term "Personalty" shall include all furniture, furnishings, equipment, machinery, goods, contract rights, general intangibles, money, deposit accounts, instruments, accounts, leases, chattel paper and other personal property described in this Deed of Trust (other than Fixtures) of any kind or character now existing or hereafter arising or acquired, now or hereafter located upon, within or about the Property, or which otherwise pertains to the use, ownership, management, operation, construction, leasing and sale of the Property, and all products and proceeds thereof, and all of Trustor's right, title, and interest in and to all such property. Trustor makes the foregoing grant to Trustee, and to Lender, as applicable, to hold the Property in trust for the benefit of Lender and for the purposes and upon the terms and conditions hereinafter set forth. The property address and other common designation, if any, of the real property described above is purported to be: Vacent Land: DIRECTIONS MAY BE OBTAINED BY WRITTEN REQUEST SUBMITTED TO THE BENEFICIARY: CENTRAL PACIFIC BANK, SPECIAL ASSETS DEPARTMENT, ATTN: DALE NORTHUP V.P., 16870 W BERNARDO DRIVE, SUITE 170, SAN DIEGO, CA 92127, WITHIN TEN DAYS FROM THE FIRST PUBLICATION OF THIS NOTICE. The undersigned trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the notice of sale is: $951,557.87 In addition to cash, the trustee will accept a cashier's check drawn on a State or National Bank, a check drawn by a State or Federal Credit Union or a check drawn by a State or Federal Savings and Loan Association, Savings Association or Savings Bank specified in section 5102 of the Financial Code and authorized to do business in this State. In the event tender other than cash is accepted the trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the note secured by said Deed with interest thereon as provided in said note, fees, charges and expenses of the trustee and the trusts created by said Deed Of Trust. Dated: 02/09/2009 Foreclosure Resources, Inc., as said Trustee a California Corporation 8885 Rio San Diego Drive, Suite 135 San Diego, CA, 92108 (619) 325-4336 By: Christian Spring Vice President P532904 2/18, 2/25, 03/04/2009

Loan: SOUTHCHASE Other: 3898599 File: 08-10-012 CS Investor Loan#: A.P. Number 046-250-001, 046-260-001, Notice of Trustee's Sale under Deed Of Trust YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED September 28, 2004, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that Foreclosure Resources, Inc., a California Corporation, as Trustee, or Successor Trustee, Or Substituted Trustee pursuant to the Deed Of Trust executed by SouthChase, Ltd., doing business in California as Florida SouthChase, L.P., a Florida Limited Partnership, and Richland Lindero, Ltd., A Florida Limited Partnership Recorded on 09/30/2004 as Instrument No. 2004-0044746-00 in Book N/A Page N/A of official records in the office of the County Recorder of Yolo County, California, and pursuant to the Notice Of Default and Election to Sell thereunder recorded 10/28/2008 in Book N/A, Page N/A, as Instrument No. 20080032426 of said official records, will sell on 03/11/2009 at The north entrance to the West Sacramento City Hall, 1110 West Capital Avenue, West Sacramento, CA at 12:45 P.M. At public auction to the highest bidder for cash (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: See Exhibit "A" attached hereto and made a part hereof. Exhibit "A" The land referred to in this guarantee is situated in the State of California, City of West Sacramento, County of Yolo and is described as follows: Parcel One: Parcel Two as shown on that certain parcel map filed in the office of the Recorder of the County of Yolo, State of California on January 30, 2004, in Book 2004 of Maps Page 7. Parcel Two: Beginning at the Northwest corner of swamp land survey no. 372 of Yolo County Surveys, marked by a nail in an old marked corner fence post, and running Thence S. 81 degrees, 11' East 98.1 feet along the Northern boundary of said swamp land survey No. 372 to a 1-7/8 inch by 36 inch pipe; Thence South 21 degrees, 58' East 1006.9 feet to a 1 inch by 3 inch by 20 inch stake; Thence S. 16 degrees, 06'E., 1673.5 feet along a line of stakes to the Bank of the Sacramento River; Thence down along the said bank, follwoing the Meanders thereof, in a Southwesterly direction, about 280.9 feet to the Southwest corner of said swamp land survey no. 372; Thence North 14 degrees, 21' W., 2651.2 feet along the Western boundary thereof to the place of beginning. Parcel Three: A part of swamp land survey no. 372 and its accretions, in said County of Yolo, California, described as follows: Beginning at a point marked by a 1-7/8 inch by 36 inch iron pipe which is on the Northern Boundary of swamp land survey No. 372, of Yolo County, California and is S. 81 degrees, 11'E. 98.1 feet from the Northwest corner thereof, and running Thence South 21 degrees, 58' East 1006.9 feet to a 1 inch by 3 inch by 20 inch stake; Thence South 16 degrees, 06' N. 1673.5 feet along a line of stakes to the Bank of the Sacramento River; Thence up along said bank following the meanders thereof in a Northeast direction about 280.9 feet; Thence leaving the bank N. 17 degrees, 32-1/2', 1635.0 feet along a line of stakes to a 1-1/4 inch by 6 foot iron pipe; Thence N. 29 degrees, 01' W. 1095.8 feet to a 1 inch by 30 inch iron bar in the Northern boundary of the said swamp land survey no. 372; Thence N. 81 degrees, 11' W. 98.1 feet to place of beginning. Parcel Four: Beginning at a point marked by a 1-1/4 inch iron pipe which is on the Northern boundary of swamp land survey no. 372, of Yolo County, California, and South 81 degrees, 11' East 294.3 feet from the Northwest corner thereof; and running Thence South 35 degrees, 20-1/2' East, 1206.9 feet to a 1 inch by 3-1/2 foot iron pipe; Thence South 18 degrees, 40' East, 1595.0 feet along a line of stakes to the Bank of the Sacramento River; Thence up and along the said bank following the meanders thereof, in a Northeast direction, about 842.8 feet; Thence leaving the said bank North 20 degrees, 27' West, 1450.0 feet to a 1-3/4 inch by 30 inch iron pipe; Thence North 49 degrees, 45' West 1658.7 feet to a 1-7/8 inch by 36 inch iron pipe in the Northern boundary of the said swamp land survey no. 372; Thence North 81 degrees, 11' West, 294.3 feet to the place of beginning. Parcel Five: Beginning at a point which is South 81 degrees, 11' East, 588.6 feet and South 49 degrees, 45' East, 1658.7 feet and South 20 degrees, 27' East, 80.8 feet from the Northwest corner of swamp land survey no. 372, Yolo County Surveys, and running thence South 39 degrees, 27' East, 1606.0 feet, more or less, to the Northerly Bank of the Sacramento River; Thence down along the said bank in a Westerly direction 530.0 feet, more or less, to a point which is South 20 degrees, 27' East from the point of beginning; Thence North 20 degrees, 27' West, 1369.0 feet more or less to the point of beginning. Parcel Six: Beginning at a point which is South 81 degrees, 11' East 588.6 feet and South 49 degrees, 45' East 1658.7 feet from the Northwest corner of swamp land survey no. 372 of Yolo County Surveys; running thence South 20 degrees, 27' East 80.8 feet; Thence South 39 degrees, 27' East 1606.0 feet, more or less to the Northerly Bank of the Sacramento River; Thence up along the said bank in an easterly direction 32.0 feet, more or less, to a point which is South 39 degrees, 27' East from the point of beginning; Thence North 39 degrees, 27' West 1700.00 feet, more or less, to the point of beginning. Parcel Seven: Beginning at a point marked by a redwood stake, which is on the Northern boundary of swamp land survey no. 372 of Yolo County Surveys and South 81 degrees, 11' East 708.7 feet from the Northwest corner thereof; running thence South 51 degrees, 46' East 1761.6 feet, Thence South 45 degrees, 47' East 1680 feet to the Bank of the Sacramento River; Thence up along the said bank, following the meanders thereof, in a Northeasterly direction, about 425 feet to the Southwest corner of a 13 acre tract of land described in the deed to George Lauken, Et Ux., recorded in Book 78 of deeds, page 24; Thence following the Western Boundary of said 13 acre tract, North 53 degrees, 48' West 1700 feet; Thence North 53 degrees, 34' West 1866 feet to a 1 inch by 2 inch wagon axle in the Norhtern boundary of the said swamp land survey no. 372; Thence North 81 degrees 11' West 120.1 feet to the pont of beginning. Excepting therefrom the following: beginning at a pont which is situate South 81 degrees, 11' East, along the North line of swamp land survey no. 372 of Yolo County Surveys, a distance of 828.8 feet and South 53 degrees, 34' East along a property line marked by a ditch a distance of 1566 feet to a point and continuing along said ditch and property line, South 53 degrees, 48' East 1290.37 feet from the Northwest corner of said swamp land survey no. 372; extending thence from said point of beginning South 53 degrees, 48' East, along said ditch and property line, 420 feet to the right bank of the Sacramento River; Thence Westerly along said right bank of the river and the meanderings thereof, 257.00 feet, more or less to a point that bears South 16 degrees, 04' 30" West 336.5 feet to the point of beginning. Parcel Eight: beginning at a point marked by a redwood stake which is on the Northern boundary of swamp land survey no. 372 of Yolo County Surveys, and South 81 degrees, 11' East 708.7 feet from the Northwest corner thereof; and running thence South 51 degrees, 46' East 1761.6 feet, thence South 45 degrees, 47' East 1680 feet to the bank of the Sacramento River; Thence down along the said bank, following the meanders thereof in a Southwesterly direction about 375.3 feet to the Southeast corner of a 9 acre tract of land formerly resided on by the late Mary Lauken; thence following the Eastern boundary of the said 9 acre tract, North 39 degrees, 27' West 1700 feet to a 1-3/4' inch by 30 inch iron pipe: Thence North 49 degrees,, 45' West 1658.7 feet to a 1-7/8 inch by 36 inch iron pipe in the Northern Boundary of said swamp land survey no. 372; Thence South 81 degrees, 11' East 120.1 feet to the point of beginning. Excepting any portion of the land within the natural bed of the river below the ordinary high water mark. Parcel Nine: Parcel D of Parcel Map No. 2903, filed July 12, 1979, in Book 4 of Parcel Maps, page 100, Yolo County records. Excepting therefrom all of the minerals, oil, gas, asphaltum and other hydrocarbons and substances associated therewith and other minerals whether similar to those herein specified or not, lying below a depth of five hundred feet (500') measured vertically from the surface of the ground of the herein above described land, and without surface entry thereto. Parcel Ten: A portion of swamp land survey no. 385, Township 8 North, Range 4 East, M.D.B. & M., being also a portion of that certain parella 56.45 acre parcel as same appears of record on that certain map filed in maps and surveys Book 9 at page 60, Yolo County Records, and being more particularly described as follows: Beginning at a point on the Westerly line of said parella 56.45 acre parcel that is distant South 89 deg. 50' 52" East 485.62 feet from an axle marking the Southerly terminus of a course having a bearing and distance of South 26 deg. 37' 30" East 1653.03 feet as same appears on said record of survey map, said point of beginning being also on the landside line as describe in that certain deed from Mary Parella to Corps of Engineers filed in Book 871 of official records, page 579 Yolo County Records. Thence from said point of beginning along the said Westeriy line North 26 deg. 37' 30" West 1933.76 feet to the Northerly line of said parella parcel; thence along the said Northerly line North 68 deg. 37' 00" East 1371.04 feet to the most Northerly corner of said parella parcel; Thence along the Easterly line of said parella parcel South 14 deg. 54' 30" East 1647.04 feet; Thence leaving said Easterly line South 76 deg. 04' 15" West 506.33 feet; Thence South 14 deg. 55' East 429.00 feet to the said landside line; Thence along the said landside line the following two courses: (1) South 78 deg. 16' 24" West 368.94 feet, and (2) South 74 deg. 23' 19" West 94.97 feet to the point of beginning. Excepting all that portion of said land lying South of the North line of the following describe land: A portion of swamp land survey no. 358, Township 8 North, Range 4 East, M.D.B. & M., being also a portion of that certain parella 56.45 acre parcel as same appears of record on that certain map filed in maps and surveys Book 9 at page 60, Yolo County Records, and being more particularly described as follows: Beginning at a point on the Westerly line of said parella 56.45 acre parcel that is distant South 89 deg. 50' 52" East 485.62 feet from an axle marking the Southerly terminus of a course having a bearing and distance of South 26 deg. 37' 30" East 1653.03 feet as same appears on said record of survey maps, said point of beginnig being also on the landside line as described in that certain deed from Mary Parella to Corps of Engineers filed in Book 871 of official records, page 579, Yolo County Records. Thence from said point of beginning along the said Westerly line North 26 deg. 37' 30" West 764.20 feet; Thence leaving said Westerly line North 68 deg. 37' 00" East 1132.02 feet to the Easterly 'of said parella parcel; Thence along the said Easterly line South 14 deg. 54' 30" East 474.90 feet; Thence leaving said Easterly line South 76 deg. 04' 15" West 506.53 feet; Thence South 14 deg. 55' East 429.00 feet to the said landside line; Thence along the said landside line the following two courses: (1) South 78 deg. 16' 24" West 368.94, and (2) South 74 Deg. 23' 19" West 94.97 feet to the point of beginning according to a survey dated January 19, 1970 by H. E. Niederberger, L.S. 2878. APN: 046-250-001; 046-260-001; 046-260-003, 046-260-005; 046-270-029 & 046-270-035 Beneficiary elects to conduct a unified sale. See Exhibit "B" attached hereto and made a part hereof. Exhibit "B" Together with: All right, title and interest which Trustor now has or may later acquire in such real property and all appurtenances, easements, rights of way, tenements, hereditaments and appurtenances thereunto belonging or in any way appertaining thereto now or hereafter, and all of the estate, right, title, interest, claim, demand, reversion or remainder whatsoever of Trustor therein or thereto, at law or in equity, now or hereafter in possession or expectancy, including, without limitation, all mineral, oil, and gas rights and royalties and profits therefrom, all water and water rights and shares of stock pertaining to water and water rights, and all sewers, pipes conduits, wires and other facilities furnishing utility or services to the real property (collectively, the "Land"); Together with: All right, title and interest which Trustor now has or may later acquire in and to all buildings, structures and improvements now or hereafter erected on the Land, including, without limitation, all plant equipment, apparatus, machinery and fixtures of every kind and nature whatsoever now or hereafter located on or forming part of said building,s structures and improvements (collectively, the "Improvements"; the Land and Improvements being hereinafter sometimes collectively referred to as the "Premises"); Together with: All rights, title and interest which Trustor now has or may later acquire in and to the land lying in the bed of any street, road, highway or avenue now or hereafter in front of adjoining the Premises; Together with: Any and all awards heretofore or hereafter made by any governmental authorities (federal, state, local or otherwise) to Trustor and all subsequent owners of the Premises which may be made with respect to the Premises as a result of the exercise of the right of eminent domain, the alteration of the grade of any street or any other injury to or decrease of value of the Premises, which said award or awards are hereby assigned to Lender; Together with: Any claims under and proceeds of any insurance policies by reason of or related to a loss of any kind sustained to the Premises, now or hereafter, whether or not such policies name Lender as an insured and whether or not such policies are required by Lender, and whether or not such claims thereunder are characterized as personal claims; Together with: Any and all unearned premiums accrued, accruing or to accrue, and the proceeds of insurance now or hereafter in effect with respect to all or any portion of the Premises; Together with: Any and all claims or demands which Trustr now has or may hereafter acquire against anyone with respect to any damage to all or any portion of the Premises; Together with: All goods, equipment, machinery, furniture, furnishings, trade fixtures, appliances, inventory, building materials, apparatus, utensils, vehicles, wiring, pipes, conduits, elevators, escalators, heating and air conditioning equipment, chattels and articles of personal property, including, without limitation, any interest herein now or at any time hereafter affixed to, attached to or used in any way in connection with or to be incorporated at any time into the Premises or placed on any part thereof wheresoever located, whether or not attached to or incorporated in the Premises, together with any and all accessions, accessories, attachments, and replacements thereof, appertaining and adapted to the complete and compatible use, enjoyment, occupancy, operation or improvement of the Premises; Together with: All instruments, investment property, deposit accounts, accounts, contract rights, general intangibles, and other intangible property and rights now or hereafter relating to the foregoing property, or the operation thereof or used in connection therewith, including, without limitation, all options, letters of intent, and rights of first refusal of any nature whatsoever, covering all or any portion of such property, together with any modifications thereof, and deposits or other payments made in connection therewith, existing and future development rights, permits and approvals, air rights, density bonus rights, and transferable development rights; all of Trustor's right, title, and interest in and to any awards, remunerations, settlements, or compensation heretofore made or hereafter made by any and all courts, boards, agencies, commissions, offices, or authorities, of any nature whatsoever for any governmental unit (federal, state, local or otherwise) to the present or any subsequent owner of the foregoing property, including those for any vacation of, or change of grade in, any streets affecting the foregoing property and any and all licenses and priviledges obtained by Trustor from non-governmental sources; Together with: All leases of the Premises, Personalty, Fixtures, or any part thereof, now or hereafter entered into and all right, title and interest of Trustor thereunder, including, without limitation, cash or securities deposited thereunder to secure performance by the lessees of their obligations, thereunder (whether such cash or securities are to be held until the expiration of the terms of such leases or applied to one or more of the installments of rent coming due immediately prior to the expiration of such terms); all other rights and easements of Trustor now or hereafter existing pertaining to the use and enjoyment of the Premises; and all right, title and interest of Trustor in and to all declarations of covenants, conditions and restrictions as may affect or otherwise relate to the Premises; Together with: All permits, plans, licenses, specifications, subdivision rights, security interests, contracts, contract rights, public utility deposits, prepaid sewer and water hook-up charges, or other rights as may affect or otherwise relate to the Property (as hereinafter defined); Together with: All rents, income, issues and profits (subject, however, to the rights given in this Deed of Trust to Lender to collect and apply the same), including, without limitation, the accounts, revenues, and proceeds of any business operation conducted by or on behalf of Trustor on or through the use of the Premises, prepaid municipal and utility fees, bonds, revenues, income, and other benefits to which Trustor may now or hereafter be entitiled to, or which are derived from, the Property or any portion thereof or interest therein. The foregoing listing is intended only to be descriptive of the property encumbered hereby, and not exclusive or all inclusive. It is the intent of Trustor to encumber hereby all property located or to be located upon the above-described real property. Said real property (or the leasehold estate if the Deed of Trust encumbers a leasehold estate), buildings, improvements, appurtenances, Fixtures, Personalty, additions, accretions, and other property are herein referred to as the "Property." As used herein, the term "Fixtures" shall include all articles of personal property hereinabove described, now or hereafter attached to, placed upon for a definite term, or otherwise used in connection with the Property, and shall include trade fixtures and goods which are or are to become fixtures. As used herein, the term "Personalty" shall include all furniture, furnishings, equipment, machinery, goods, contract rights, general intangibles, money, deposit accounts, instruments, accounts, leases, chattel paper and other personal property described in this Deed of Trust (other than Fixtures) of any kind or character now existing or hereafter arising or acquired, now or hereafter located upon, within or about the Property, or which otherwise pertains to the use, ownership, management, operation, construction, leasing and sale of the Property, and all products and proceeds thereof, and all of Trustor's right, title, and interest in and to all such property. Trustor makes the foregoing grant to Trustee, and to Lender, as applicable, to hold the Property in trust for the benefit of Lender and for the purposes and upon the terms and conditions hereinafter set forth. The property address and other common designation, if any, of the real property described above is purported to be: 4350 S River Rd, West Sacramento, CA 95691; 4320 S River Rd, West Sacramento, CA 95691; 4310 S River Rd, West Sacramento, CA 95691; & 2397 Davis Rd, West Sacramento, CA 95691 The undersigned trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the notice of sale is: $30,312,891.31 In addition to cash, the trustee will accept a cashier's check drawn on a State or National Bank, a check drawn by a State or Federal Credit Union or a check drawn by a State or Federal Savings and Loan Association, Savings Association or Savings Bank specified in section 5102 of the Financial Code and authorized to do business in this State. In the event tender other than cash is accepted the trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the note secured by said Deed with interest thereon as provided in said note, fees, charges and expenses of the trustee and the trusts created by said Deed Of Trust. Dated: 02/09/2009 Foreclosure Resources, Inc., as said Trustee a California Corporation 8885 Rio San Diego Drive, Suite 135 San Diego, CA, 92108 (619) 325-4336 By: Chrisitan Spring Vice President P532721 2/18, 2/25, 03/04/2009

TS# 044-005738 Order # 080063511 Loan # 15607831 Notice of Trustee's Sale YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/10/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor(s): RAFAEL MARTINEZ, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY Recorded: 11/18/2005 as Instrument No. 2005-0057708-00 in book , page of Official Records in the office of the Recorder of Yolo County, California; Date of Sale: 3/11/2009 at 12:45 PM Place of Sale: At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA Amount of unpaid balance and other charges: $226,901.18 The purported property address is: 945 Fremont Blvd West Sacramento, CA 95605 Legal Description As more fully described in said Deed of Trust Assessors Parcel No. 014-258-03-01 The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. Date: 2/13/2009 LandAmerica OneStop, Inc. as the successor by merger to LandAmerica Default Services, Inc. Sokun Lonh, Foreclosure Coordinator Post Office Box 5899 6 Executive Circle Irvine, CA 92616 (949) 885-4500 Sale Line: 714-573-1965 Reinstatement Line: 949-885-4500 To request reinstatement/and or payoff FAX request to: (949) 885-4496 This office is attempting to collect a debt and any information obtained will be used for that purpose. P530522 2/18, 2/25, 03/04/2009

NOTICE OF TRUSTEE SALE T.S. #: 02008391 LOAN#: GAA25-0177-C APN#: 014563002000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED AS SHOWN BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the financial code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right , title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a deed of trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principle sum of the note(s) secured by the deed of trust, with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, interest thereon, fees, charges, and expenses of the trustee for the total amount (at the time of the initial publication of the notice of sale) reasonably estimated to be as set forth below. The amount may be greater on the day of sale. Trustor: James L. Phipps, an unmarried man Duly Appointed Trustee: Guild Administration Corp., a California Corporation Trust Deed Date: May 19, 2006 Recording Date: May 23, 2006 Instrument Number: 2006-0020353-00 Book: Page: Recorded in County of: Yolo, State of California Date and Time of Sale: March 11, 2009 at: 9:00 A.M. Place of Sale: At the front entrance to the county courthouse to the City Hall 1110 West Capitol Avenue, West Sacramento, California Estimated sale amount: $262,822.92 Legal description of property: Lot 60, Elkhorn Village unit No. 1 filed November 3, 1950, in Book 4 of Maps, Pages 30 and 31, Yolo County Records. Street address of property (or other common designation if any): 806 Elder Dr, West Sacramento CA 95605 The undersigned trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown above, if no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the first publication of this notice of sale. Requirements of SB1137 have been met pursuant to the Notice of Sale Declaration of Record. Date: February 06, 2009 Guild Administration Corp. As said Trustee 9160 Gramercy Drive San Diego, Ca 92123 (858) 492-5890 By: GAIL WINDUS, Assistant Secretary TAC: 824264B PUB: 2/18 2/25 3/04

NOTICE OF TRUSTEE'S SALE Title Order No.: **3002770** Trustee Sale No.: **56252** Loan No.: **9040833758** APN: **014-540-21-1** You are in Default under a Deed of Trust dated **07/06/2004.** Unless you take action to protect your property, it may be sold at a public sale. If you need an explanation of the nature of the proceedings against you, you should contact a lawyer. On **03/10/2009 at 10:00AM**, **DSL Service Company** as the duly appointed Trustee under and pursuant to Deed of Trust **Recorded on 7/20/04 as Instrument #2004-0032509-00** of **official** records in the Office of the Recorder of **Yolo** County, California, executed by: **Sergey Proshak and Larisa Proshak, husband and wife**, as Trustor **Downey Savings and Loan Association, F.A.**, as Beneficiary WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). **At: The front entrance to City Hall, 1110 Capitol Avenue, West Sacramento, CA,** all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: **As more fully described in said Deed of Trust**. The property heretofore described is being sold **"as is"**. The street address and other common designation, if any, of the real property described above is purported to be: **1240 Sacramento Avenue, West Sacramento CA 95605**. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: **$201,756.39** (Estimated) Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. Date: **2/9/09 For: DSL Service Company, as Trustee By: FCI Lender Services, Inc., as Agent** 8180 East Kaiser Blvd., Anaheim Hills, CA 92808 Phone: 714- 282-2424 **For Trustee Sale Information log on to: www.rsvpforeclosures.com or call: 925-603-7342**. Vivian Prieto, Vice President, FCI Lender Services, Inc. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. (RSVP# 142625)(02/18/09, 02/25/09, 03/04/09)

NOTICE OF PUBLIC LIEN SALE

Notice is hereby given by the undersigned that the public lien sale of the following described personal property will be held at the hour of 11:00AM, on the 24th of Fedruary, 2008 at 2600 EVERGREEN AVENUE, County of YOLO, State of California. The property is stored by NATIONAL SELF STORAGE, located at 2600 Evergreen Avenue, West Sacramento, Ca 95691. The contents of storage spaces named below, which consist of misc. personal property, household, garage and yard items. Payments must be cash only.

David Cortez – A45 – Microwave, boxes and bags; Jonathan Hall – D42+43 – pictures, tools, equipment; Joanne L. Parke – B3 – Mattress, pans, sofa, and misc. items

This Notice is given in accordance with the provisions of Sec. 21700 et seq of the Bus. & Prof. Code of the State of CA. J.Michael's Auction, Inc. Bond #1836232

Feb 11 18

OPINION

GUEST OPINION

Teen says city should license tobacco sales

By Gina Phanthavong

I'm a River City High School student and member of the Yolo County Anti-Tobacco Youth Coalition known as YUFA STAR. I am writing in response to the January 28th article, "16-year old 'decoys' in tobacco 'sting'," because I was one of the 'decoys' that caught a store selling tobacco to minors in Davis.

During the sting, I approached the store clerk and asked for some cigarettes. He asked for my ID, which I gave to him to see. I thought it was obvious I wasn't old enough, but he sold me the product! This sting experience showed me how easy and convenient it is for a minor to get any tobacco product. The store clerks didn't take the time to look at the age properly although the ID said boldly in red that I would turn 18 in 2010. I wouldn't be surprised how many kids under 18 can easily gain access to any tobacco products in West Sacramento!

The reason I got to do these stings in Davis is because a Tobacco Retail License (TRL) ordinance has passed in that city in 2007. TRL has also passed in the unincorporated areas Yolo County in 2006, so decoys can also check stores in places like Esparto. A tobacco retail license is like an alcohol license. It makes stores more accountable because if they sell to a minor, they will lose their license and they can't sell tobacco for a set amount of days. I am sure that the store in Davis that sold me tobacco will be more careful and not sell to minors again because their license will get taken away for 10 days. They will lose a lot of money from the loss of tobacco sales. I know that they will be more careful because just across the river, Sacramento passed a TRL ordinance in 2004, with an illegal sales rate of 27.4%, and now it has declined to 7%.

We need this Tobacco Retail License law to pass in West Sacramento. YUFA STAR and I are tired of seeing River City High School teens smoking cigarettes even though they are underage and should not be able to purchase them. YUFA STAR members have worked really hard to get TRL passed in West Sacramento for the past two years, while also keeping up with schoolwork. YUFA STAR has presented and gained support from many organizations in the community, including the Salud Clinic Advisory Board, the Chamber of Commerce, and the SacTown Heroes. We also presented the issue to almost all the City Council members individually, attended a Board of Supervisors/Board of Education 2 x 2, and made two public comments at City Council meetings.

Gina Phanthavong, Age 16: River City High School Student & 'decoy' for illegal tobacco sales

Even with all this community support and evidence that a TRL ordinance is effective in other cities, people are worried about the fee of the license. It costs stores about $340 each year to buy a tobacco retail license. All the money collected from the licenses goes toward tobacco stings and checking more often to make sure they are following the law. Stores make a lot of profit from selling tobacco to our community, so a small fee to make sure they are not selling to kids is reasonable. In Davis and in unincorporated Yolo County, a total of 52 stores have purchased licenses to sell tobacco. None have gone out of business, even when 26 of those stores are small stores (not chains).

The cost of the license is not greater than the health consequences – (stats from Campaign for Tobacco-Free Kids website) 90% of all adult smokers start before the legal age of 18 and about 1/3 of youth smokers will die prematurely from a tobacco-related disease. As a tobacco decoy and member of YUFA STAR, I have definitely seen why we need a Tobacco Retail License law in West Sacramento!

Send your 'Letter to the Editor' to the News-Ledger, P.O. Box 463, West Sacramento CA 95691. Letters must be signed with the author's real name, and must be accompanied by address and phone number. Addresses and phone numbers will not be published.

JOIN THE TEAM!
DELTA ELEMENTARY CHARTER SCHOOL
K-6 in Clarksburg
FALL 2009 OPEN ENROLLMENT*

DELTA ELEMENTARY CHARTER SCHOOL

- Tuition-Free
- Highly Qualified Credentialed Teachers
- Responsive, Proactive, and Committed Staff
- Hands-On, Project-Based Instruction
- Collaborative Learning Environment
- California State Standards Based Instruction
- Small Rural Community School
- Daily Physical Education
- Electives: Music, Band, Spanish, Grades 4-6
- Garden Club, Grades K-3
- Student Council
- Parent-Teacher Club
- Sports
- Free After-School Program
- Transportation

WHAT ARE CHARTER SCHOOLS?

- Charter Schools are independent public schools that are allowed to be more innovative and are held accountable for improved student achievement.
- Charter Schools give parents choices.
- Charter Schools give teachers the freedom to innovate.
- Charter Schools hold teachers and administrators accountable.

Source: California Charter Schools Association www.charterassociation.org

OPEN HOUSE

KINDERGARTEN ROUND-UP
6:00 to 7:00 p.m.

PROSPECTIVE 1ST through 6th GRADERS
6:30 to 7:30 p.m.

February 26, 2009

DELTA ELEMENTARY CHARTER SCHOOL

Delta Elementary Charter School
36230 North School Street
Clarksburg, CA 95612

(916) 744-1200

www.deltacharter.org

*Limited space still available

The Mission of the Delta Elementary Charter School in Clarksburg is to provide a family-oriented, community-based intimate learning environment that is devoted to the academic, social, linguistic, and personal success of each child.

Statement of Abandonment of Use of Fictitious Business Name
Filed Feb. 6, 2009
FBN No. 2008-478

The person or entity listed below is abandoning the use of the following fictitious business name(s):

National Financial, Orbita Travel, 2937 West Capitol Ave., West Sacramento CA 95691, Yolo County.

The fictitious business name was originally filed in Yolo County on May 7, 2008 and is being abandoned by the registrant listed below: Tatyana Krivoshey, same address.

Nippon LLC, 2937 W. Capitol Ave., West Sacramento CA 95691, Yolo County. The business was conducted by a Limited Liability Company.

I declare that all information in this statement is true and correct.

/s/Tatyana Krivoshey

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb. 6, 2009
by: /s/Isabel Becerra, Deputy Clerk

Feb 11 18 24 Mar 4

Fictitious Business Name Statement
Filed Feb 2 2009
File No. 2009-104

The following person is doing business as Euro Star Auto Sales, 1024 Soule St., West Sacramento CA 95691,

3608 Squaw Rd., West Sacramento CA 95691.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 2/2/09.

/s/Tanya Bardosh

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb 2 2009
by: /s/Linda Smith, Deputy Clerk

Feb 11 18 25 Mar 4

Fictitious Business Name Statement
Filed Jan. 13, 2009
File No. 2009-44

The following person is doing business as Agraria Consulting, 1230 Elk Pl., Davis CA 95616:

Agraria Consulting LLC, same address.

This business is conducted by a Limited Liability Company.

The registrant commenced to transact business under the fictitious business name or names listed above on 2/18/04. Previous fictitious business name number 2004-187.

/s/Michele Barefoot, CEO/ President
Agraria Consulting LLC

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Jan 13 2009
by: /s/Liz Mahovlich, Deputy Clerk

Feb 11 18 25 Mar 4

Fictitious Business Name Statement
Filed Feb 6, 2009
File No. 2009-122

The following person is doing business as Capital Consulting, Orbita, 2937 West Capitol Ave., West Sacramento CA 95691:

Nippon LLC, same address.

This business is conducted by a Limited Liability Company..

The registrant commenced to transact business under the fictitious business name or names listed above on 12/12/07. Previous fictitious business name number 2008-478.

/s/Tatyana Krivoshey, President
Nippon LLC

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb 6 2009
by: /s/Isabel Becerra, Deputy Clerk

Feb 11 18 25 Mar 4

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2009-087

The following person(s) is (are) doing business as:
Grocery Outlet Bargain Market, 2000 Fifth Street, Berkeley, CA 94710
Grocery Outlet Inc., 2000 Fifth Street, Berkeley, CA 94710
Business Classification: a Corporation
The registrant(s) commenced to transact business under the fictitious business name or names listed above on 10/29/2008.
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
Grocery Outlet Inc.
S/ Michael Ward, Chief Financial Officer
This statement was filed with the County Clerk of Yolo County on 01/27/2009.
FREDDIE OAKLEY, County Clerk/Recorder
By: Ava Woodard, Deputy
NOTICE-This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A New Fictitious Business Name Statement must be filed before that time.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).
2/11, 2/18, 2/25, 3/4/09
CNS-1519387#
NEWS-LEDGER

NOTICE OF TRUSTEE'S SALE TS No. 08-0089817 Title Order No. 3844620 APN No. 072-332-10-1 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/20/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONTRUST COMPANY, as duly appointed trustee pursuant to the Deed of Trust executed by DARIO VILLA, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY, dated 12/20/2005 and recorded 12/28/05, as Instrument No. 2005-0064026-00, in Book , Page), of Official Records in the office of the County Recorder of Yolo County State of California, will sell on 03/04/2009 at 10:00AM, At the North entrance to the City Hall, 1110 West Capital , West Sacramento at public auction to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any of the real property described above is purported to be: 4030 MARTIS STREET, WEST SACRAMENTO, CA, 95691. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is $407,287.66. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. If required by the provisions of section 2923.5 of the California Civil Code, the declaration from the mortgagee, beneficiary or authorized agent is attached to the Notice of Trustee's Sale duly recorded with the appropriate County Recorder's Office. DATED: 11/23/2008 RECONTRUST COMPANY 1800 Tapo Canyon Rd., SV2-202 SIMI VALLEY, CA 93063 Phone/Sale Information: (800) 281 8219 By: Trustee's Sale Officer RECONTRUST COMPANY, is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. FEI # 1006.44100 2/11, 2/18, 2/25/2009

NOTICE OF TRUSTEE'S SALE TS No. 08-0101718 Title Order No. 3909185 Investor/Insurer No. 1668146983 APN No. 051-182-08-1 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 06/10/1998. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER." Notice is hereby given that RECONTRUST COMPANY, as duly appointed trustee pursuant to the Deed of Trust executed by RAFAEL MUNOZ, A MARRIED MAN, AS HIS SOLE AND SEPARATE PROPERTY, dated 06/10/1998 and recorded 06/19/98, as Instrument No. 98-0017358-00, in Book , Page), of Official Records in the office of the County Recorder of Yolo County, State of California, will sell on 03/04/2009 at 12:00PM, At the rear (North) entrance to the City Hall Building, 1110 West Capitol Avenue, West Sacramento, CA. at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 3179 CO. RD. NO. 88A, DUNNIGAN, CA, 95937. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is $28,012.87. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. DATED: 02/07/2009 RECONTRUST COMPANY 1800 Tapo Canyon Rd., SV2-202 SIMI VALLEY, CA 93063 Phone: (800) 281 8219, Sale Information (626) 927-4399 By: Trustee's Sale Officer RECONTRUST COMPANY is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. ASAP# 2973001 02/11/2009, 02/18/2009, 02/25/2009

Fictitious Business Name Statement
Filed Jan 16, 2009
File No. 2009-053

The following person is doing business as Tag Freight Lines, 680 Laugenour Dr., Woodland CA 95776:

Tarsem Singh, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 1/12/2009.

/s/Tarsem Singh

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Jan.16 2009
by: /s/Isabel Becerra, Deputy Clerk

Feb 11 18 25 Mar 4

Fictitious Business Name Statement
Filed Feb 3 2009
File No. 2009-110

The following person is doing business as West Sacramento Family Eyecare Center Optometry, 2101 Stone Blvd., Ste. 150, West Sacramento CA 95691,

Matthew L. Wampler, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 5/18/1992. Previous fictitious business name statement number 2001-466.

/s/Matthew L. Wampler

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb. 3 2009
by: /s/Ava Woodard, Deputy Clerk

Feb 18 25 Mar 4 11

Fictitious Business Name Statement
Filed Feb. 3, 2009
File No. 2009-109

The following person is doing business as Reshoe Exports, 2407 Meadowlark Cir., West Sacramento CA 95691:

Vanessa Budwiser, same address.

This business is conducted by an Individual.

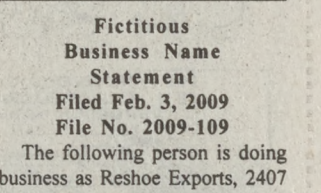
The registrant commenced to transact business under the fictitious business name or names listed above on 1/22/09.

/s/Vanessa Budwiser

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb 3 2009
by: /s/Ava Woodard, Deputy Clerk

Feb 18 25 Mar 4 11



In baseball, pitcher Nolan Ryan holds the all-time records for strikeouts (5,714), walks (2,795) and no-hitters (7).

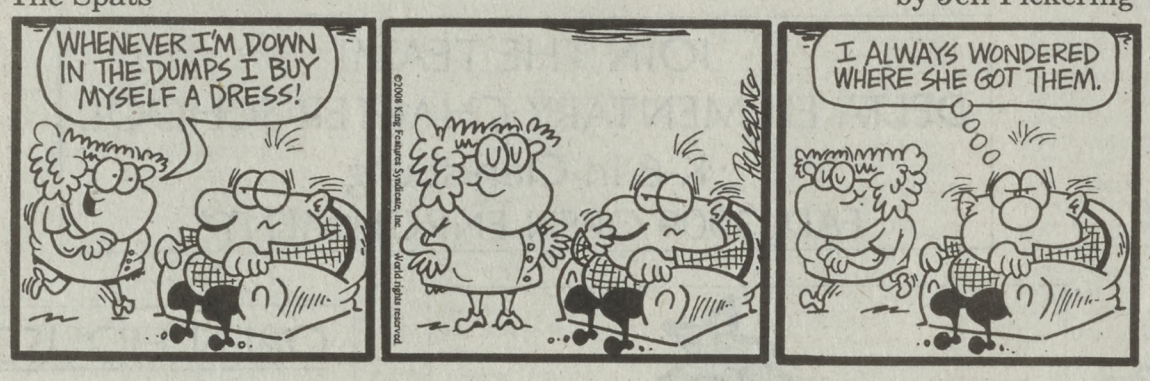
PUZZLES & COMICS

R.F.D.

by Mike Marland

The Spats

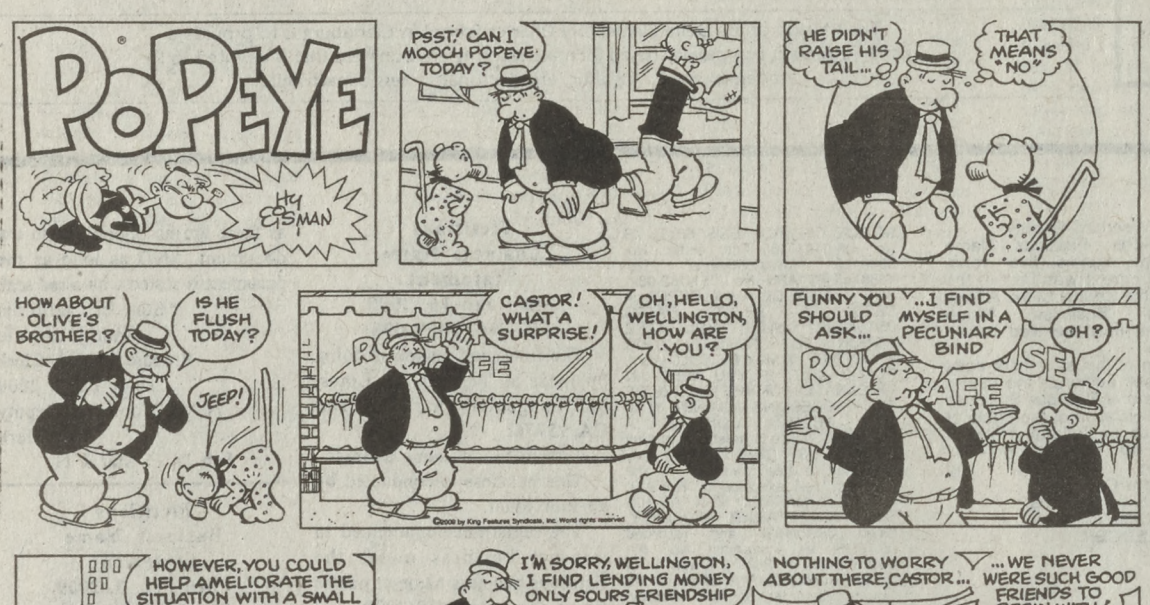
by Jeff Pickering



MAMA'S BOYZ WWW.MAMASBOYZ.COM JERRY CRAFT

Amber Waves

by Dave T. Phipps

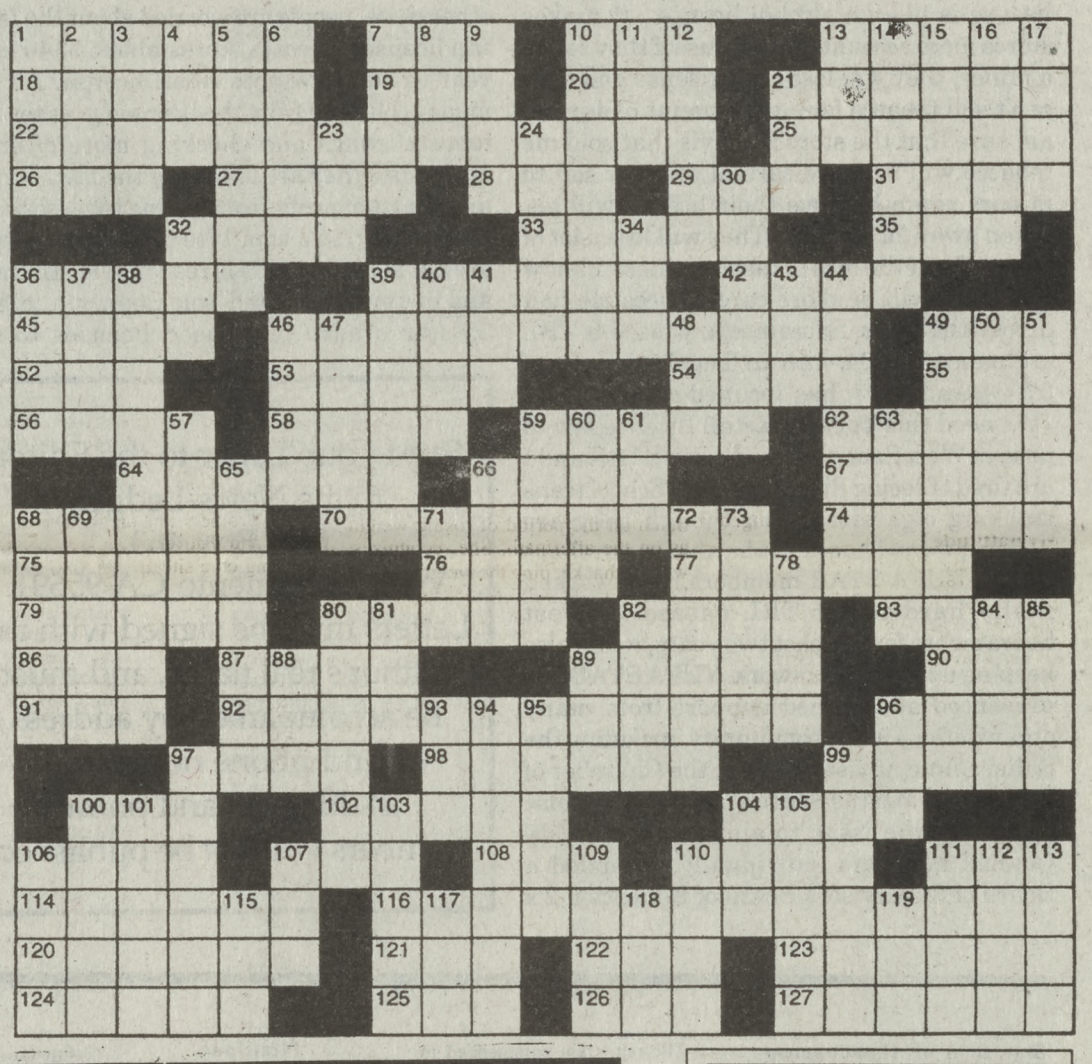


Super Crossword

SOFT TOUCH

ACROSS
1 Picker-uppers
7 Mr. Ziegfeld
10 Bread spread
13 Actress Laurie
18 Conductor Toscanini
19 Word with corn or snake
20 Mr. Baba
21 Scavullo's equipment
22 Elizabeth Taylor movie
25 Hudson River city
26 Day- —
27 Rock's — Floyd
28 "Holy cow!"
29 Use the microwave
31 "Topaz" author
32 Gab
33 Football's Matson
35 Pupil's place
36 Energetic
39 '64 Hitchcock film
42 Way
45 Steber solo
46 English racer
49 Arkansas hrs.
52 West's "Diamond —"
53 Presses
54 Help in a heist
55 Cry of discovery
56 Blend
58 — -chef
59 "Die Fledermaus" maid
62 Word form for "bone"
64 Fancy
66 Sailing
67 "Wait — Dark" ('67 film)
68 Comic Mandel
70 Bribe-to-be
74 Recesses
75 Pays to play
76 Manuscript imperative
77 Peter's partner
79 Smallest
80 Fiery felony
82 Atmosphere
83 Ridicule
86 Bisoglio or Kilmer
87 Perry's creator
89 "—, you'll like it!"
90 Laudatory verse
91 Wapiti
92 Jason's quest
96 "Uptown Girl" singer
97 Screenwriter James
98 Big-billed bird
99 Power a trike
100 On the — (fleeing)
102 Composer Telemann
104 Moira Shearer, for one
106 Mrs. Zeus
107 Sniggler's quarry
108 Humor
110 Actress Arlene
111 Salon request
114 Hammed up "Hamlet"
116 Some boxers
120 Helen Hunt Jackson novel
121 Unwell
122 Hosp. area
123 Layers
124 Musty
125 Relative of -ist
126 — de plume
127 Tailor's apparatus

DOWN
1 Din from dynamite
2 Articulated
3 Director Preminger
4 "— generis"
5 Award
6 Sanchez or Braga
7 — dance
8 Actress Ullmann
9 First name in fashion
10 Field event
11 Flagon filler
12 Actress Gaynor
13 Crony
14 Permeated
15 Pole star?
16 Banks of baseball
17 Sunshine, slangily
21 Mushroom part
23 Farm animal
24 Tea of "Deep Impact"
30 Certain bacterium
32 Numbers man?
34 Part of a triangle
36 Reading matter?
37 Part of HOMES
38 Doris Day movie
39 Writer de Cervantes
40 Olympic hawk
41 "Kidnapped" monogram
43 Sugary suffix
44 Flabbergast
46 Iranian city
47 Moves like a Morgan
48 "— de mer"
49 Certain poplar
50 Arabian chieftain
51 Hoes and hammers
57 Produces prunes
59 Wan
60 Adroit
61 — Claire, WI
63 A nose that shows
65 IRA, e.g.
66 Concerning
68 Bisect
69 Hoopster Shaquille
71 Nav. designation
72 Vietnam's — Van Thieu
73 Column style
78 Figure of interest?
80 Accuse tentatively
81 Florid
82 Length X width
84 Scheme
85 Relate
88 Salty spread
89 RN's specialty
93 Ike's domain
94 Connecticut city
95 "Tempus —"
96 Gush
97 Explosive mixture
99 Considerate
100 Paul of "American Graffiti"
101 Lunch-eonette lure
103 Wee
104 Shorten a slat
105 Karpov's game
106 Towel word
107 Author LeShan
109 Svelte
110 Grass' "The Tin —"
111 Kind of carpet
112 Major conclusion
113 Obsolete title
115 Chemical ending
117 Ivy Leaguer
118 Author Umberto
119 Kennel threat



Answers to puzzles are on Page 4

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	+		x		20
+		x		+	
	x		–		33
x		+		÷	
	x		–		25
28		29		2	

1 3 4 5 6 7 7 8 9

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Weekly SUDOKU

by Linda Thistle

1		6	4					8
	9			5	7		3	
	3			6		4	2	
7			3		8			6
		5			2	7	8	
	8	4		1		3		
2			5		6		4	
9	6		1					3
		3		8		1		7

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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MAGIC MAZE

BEGIN AND END WITH THE SAME THREE LETTERS

T J H F D C B Y T X V T R P O
M N K I U G T O H S T O H I F
D B E S Z X R O U T S H O U T
W U C M E M N I E T S N I E W
T U R Q E M R E S P I R E S A
S O N N L C A J I Z G F D T H
A N T I O X I D A N T C A E S
Y O X W G N I T S E G N I S K
R U M R U M I V N E T S R T W
P O G N I O G N I E M N L K A
J I G T N E M L I A T N E F H

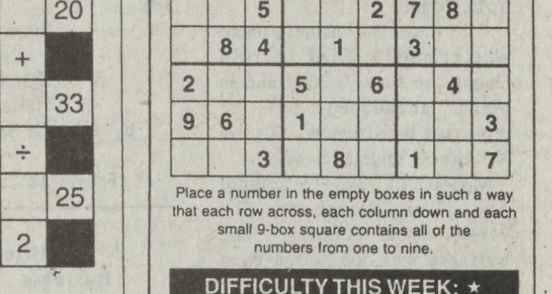
Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Antioxidant
Cuscus
Entailment
Enticement
Hawkshaw
Hotshot
Ingesting
Ingoing
Ionization
Mesdames
Murmur
Outshout
Respires
Tormentor
Tsetse

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



DINING, TRAVEL & ENTERTAINMENT

COUCH THEATER DVD PREVIEWS

BY DNA SMITH

PICK OF THE WEEK

"The Inauguration of Barack Obama: A Moment in History" — There already have been a few commemorative DVDs of President Obama's inauguration day, but this offering by ABC News is the best of the bunch. Not only do you get all the big highlights like the Oath of Office, Aretha Franklin's performance of "My Country, 'Tis of Thee" and the Inaugural Address, but you also get Obama's election-night acceptance speech and the Oaths of Office of every president from John F. Kennedy to George W. Bush.

Other features on the DVD include Barbara Walters' November 2008 interview with Barack and Michelle Obama, the Obamas hosting the Neighborhood Ball and their first dance, and an interview with Beyonce, to mention a few.

FOR THE COMICS ENTHUSIAST

"Wonder Woman" — This is the fourth in a series of direct-to-DVD movies from DC Comics. The previous three, "Superman: Doomsday," "Justice League: New Frontier" and "Batman: Gotham Knight" were all high-quality productions with great animation, celebrity voice work and solid scripts.

Keri Russell stars as the voice of Diana Prince (Wonder Woman) in this origin story of how pilot Steve Trevor (Nathan Fillion) crash lands on Island Themyscira, a remote and uncharted isle populated by Amazons. Diana must compete with the other women of the island to escort Trevor back to the world of men. Also in the cast are Alfred Molina as Ares the God of War, Virginia Madsen as Diana's mother and Rosario Dawson as Diana's nemesis Artemis.

From what I've seen, "Wonder Woman" looks like it will maintain the same high standards of its DC DVD predecessors, and I'm looking forward to adding it to my animation collection.

Wonder Woman

TV SERIES

"ER" The Complete Tenth Season
"7th Heaven" The Eighth Season
"Nash Bridges" The Second Season
"The Hills" The Complete Fourth Season
"The Return of Man from U.N.C.L.E."
"SpongeBob SquarePants: SpongeBob vs. the Big One"
"Ramsay's Kitchen Nightmares"
"My Two Dads" Season One
"Smurfs" Vol. 1

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Books

Recommended Reading

The Big Skinny: How I Changed My Fattitude
by Carol Lay
(Villard, $18)
Reviewed by Ealish Waddell

"The Big Skinny" is somewhat unusual for a "diet book." First, and most obviously, it's in comic format. Graphic novel memoirs are nothing new, but Lay's is a particularly accessible example of the genre, since she's a laid-back, relatable writer and her art is clear and enjoyable. She uses the comic format to present her own story naturally in a series of vignettes, which often anticipate exactly what questions the reader might have, and answer them before moving on.

Second, Lay's method of weight loss is decidedly old-fashioned: She counts calories and she works out. The most radical aspect of her diet is her strictness in adhering to it — like buying a single piece of candy from the grocery store's bulk bin — but the diet itself is nothing weird, just a healthy, fresh-plant-heavy menu combined with regular exercise. As she says, simply, "It works." In the realm of gimmicky tricks and miracle pills, her candor and common sense is refreshing.

Finally, Lay's main focus is not so much on the period of losing weight as on the aftermath. She recognizes, wisely, that keeping the weight off can be just as difficult, if not more so, as losing it in the first place. Lay talks about determinedly following food rules and exercise plans, but also about changing her mindset to WANT to do these things, taking on the challenge of integrating them into her everyday world. Sure, there are down days, but Lay asserts that the benefits of looking and feeling great far outweigh missing out on a few desserts.

For Lay, the key to healthy, effective weight loss was simply a matter of firmly taking responsibility for herself and her choices. That message bursts from the pages of this frank, funny book, and it's a good one for readers to take to heart in their own weight-loss struggles — or, for that matter, in any other aspect of life.

celebrity extra

by cindy elavsky

Q. I just saw the movie "Push," starring Dakota Fanning and Chris Evans, and was really surprised and impressed by Dakota's performance. What else is she working on? — ***Chelsea F., via e-mail***

A. The acting phenom, who just turned 15, is currently in talks to play the part of the evil vampire, Jane, in the next movie in the "Twilight" saga called "New Moon." Having read the series, I can say that this role would be a great part for Dakota: She has the looks and the acting chops to pull it off. I also think this will be a great opportunity, just as "Push" was, for the young actress to showcase her transformation from child star to lead actress.

***

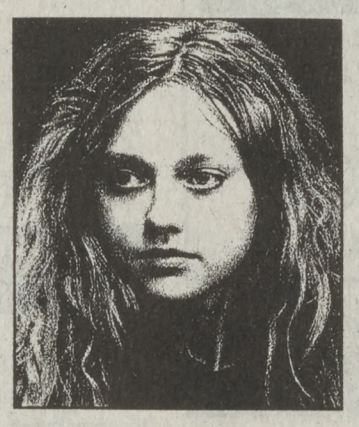
Q. I am getting really antsy for the next season of "Dancing With the Stars" to begin. When will it start, and who will be on it? — ***Tisha L. in Ohio***

A. ABC recently announced its latest lineup for the newest installment of my favorite reality show/competition, "Dancing With the Stars." The eighth season of the hit show premieres Monday, March 9 (check local listings for times), with the following quick-stepping stars: former Go-Go's lead singer Belinda Carlisle, "Jackass" reality-show star Stephen "Steve-O" Glover, actor/comedian David Alan Grier, Olympic gold-medalist gymnast Shawn Johnson, singer Jewel Kilcher, rapper Lil Kim, rodeo cowboy (and Jewel's husband) Ty Murray, "Sex and the City" actor Gilles Marini, "Access Hollywood" anchor Nancy O'Dell, actress Denise Richards, retired New York Giants linebacker Lawrence Taylor, country singer Chuck Wicks and Apple Computer co-founder and billionaire Steve Wozniack.

***

Q. My sister and I were recently reminiscing about our teenage crushes we had on David and Shaun Cassidy. We were wondering what they are up to now. — ***Lisa M., Chicago***

A. Brothers Shaun, 50, David, 58, and Patrick, 47, are currently working on a sitcom for ABC Family called "Ruby and the Rockits," which chronicles the life of a former teen idol (Patrick) whose quiet life is interrupted when former bandmate and brother (David) arrives, bringing his newfound teenage daughter (played by Alexa Vega) with him. The show has been given the green light for a 10-episode order. Shaun developed the show and is the executive producer and writer. Youngest brother, Ryan, 43, works on the set and props.



Dakota Fanning in "Push"

***

Q. How is Tiger Woods doing? I know he had some surgery on his knee, and I wondered when we'd be seeing him play again. — ***Ted C., West Palm Beach, Fla.***

A. Tiger's rehab is coming along nicely, however, he has not set a timetable for his return to professional golf. In June 2008, Tiger had reconstructive ACL surgery on his left knee and also suffered two stress fractures in that same leg. Just a few weeks ago, Tiger and wife, Elin, welcomed a son, Charlie Axel, who joins 20-month-old sister, Sam Alexis.

Have a question for Cindy? E-mail her at letters@cindyelavsky.com, or write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Mexican Meatball Hoagies

When you're bored with the same old, same old — put this on the menu!

- *8 ounces extra-lean ground sirloin beef or turkey breast*
- *3/4 cup shredded Kraft 2 Percent Milk Cheddar cheese*
- *3/4 crushed Dorito's Baked Corn Chips*
- *1/4 reduced-sodium ketchup*
- *1 tablespoon dried onion flakes*
- *1 teaspoon chili seasoning*
- *6 hot dog buns*
- *1 1/2 cups shredded lettuce*
- *3/4 cup chunky salsa (mild, medium or hot)*

In a medium bowl, combine meat, 6 tablespoons Cheddar cheese, corn chips, ketchup, onion flakes and chili seasoning. Shape into 18 (1-inch) meatballs. Evenly arrange meatballs in an 8-by-8-inch microwave-safe baking dish. Cover and microwave on HIGH (100 percent power) for 6 to 8 minutes or until meatballs are firm and no longer pink.

For each sandwich, place 3 meatballs on a hot dog bun and top with 1/4 cup shredded lettuce, 2 tablespoons salsa and 2 tablespoons Cheddar cheese. Serve at once. Serves 6.

• Each serving equals: 243 calories, 6g fat, 16g protein, 31g carbs, 520mg sodium, 180mg calcium, 2g fiber; Diabetic Exchanges: 1 1/2 Meat, 1 1/2 Starch, 1/2 Vegetable; Carb Choices: 2.

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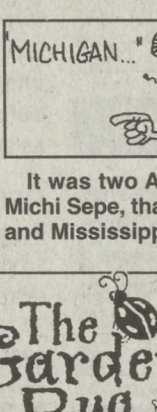


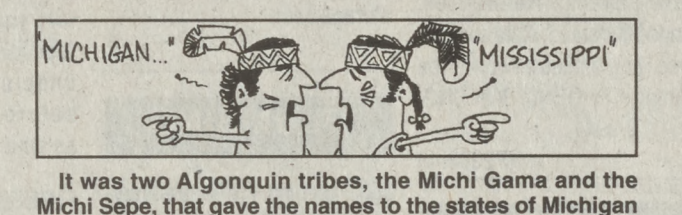
Moments in time

THE HISTORY CHANNEL

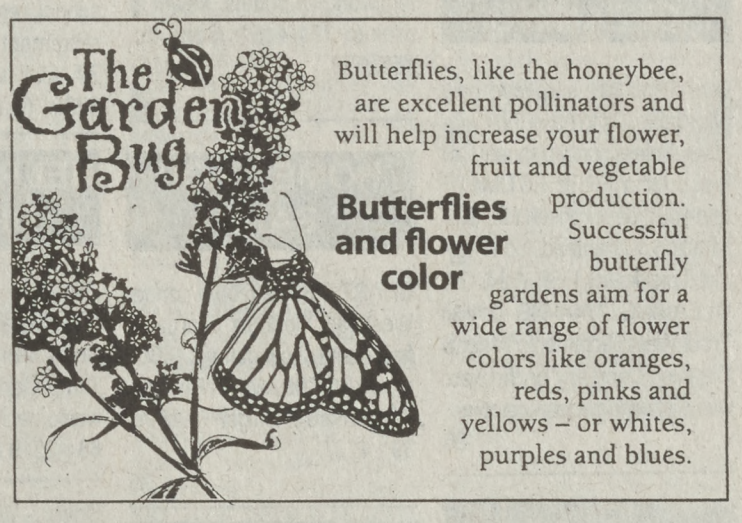
• On **March 2, 1807,** the U.S. Congress passes an act to "prohibit the importation of slaves into any port or place within the jurisdiction of the United States ... from any foreign kingdom, place or country." Great Britain also banned the African slave trade in 1807.

• On **March 7, 1876,** 29-year-old Alexander Graham Bell receives a patent for his revolutionary new invention — the telephone. Three days after filing the patent, the telephone carried its first intelligible message — the famous "Mr. Watson, come here, I need you" — from Bell to his assistant

• On **March 5, 1966,** a jet breaks apart in mid-air and plummets into Japan's Mount Fuji. All 124 people on board the aircraft were killed. The plane's pilot apparently flew close to the mountain in order to give the passengers a better view, and severe turbulence literally blew the plane apart.



It was two Algonquin tribes, the Michi Gama and the Michi Sepe, that gave the names to the states of Michigan and Mississippi.



The Kitchen Diva

BY Angela Shelf Medearis

Saucy Beef Stew Is Comfort in a Bowl

Many kids dislike soft vegetables, the kind usually found in stew. If you're having trouble getting your children to eat stew, try this saucy beef recipe — adapted from the wonderful cookbook "Real Food for Healthy Kids" by Tracey Seaman and Tanya Wenman Steel. Tracey's 13-year-old daughter, Margot, said, "This is the only stew I really like, because it doesn't have any mushy vegetables. I like my carrots crisp."

This rendition is made without carrots or potatoes so you can serve it — with its thick, rich gravy — over a mash of potatoes and parsnips, or a mound of fluffy rice. Add a side dish of crisp vegetables, or a salad, and serve it with some hot, crusty French bread, and you've got a meal that will please the pickiest eater.

If you're fortunate enough to have leftovers, you can stretch out the servings and transform your stew into French Dip sandwiches. Shred any remaining cubes of stew beef and reheat the meat and any leftover sauce in the microwave for 2 to 3 minutes until warm. Pour the sauce into a separate serving dish.

Sprinkle some shredded Parmesan cheese on a whole-wheat hamburger bun or hot-dog bun, or a sliced hoagie roll. Place the bread on a cookie sheet under a broiler or in a toaster oven until the cheese starts to melt. Pile the shredded beef on the bread and add a few dill pickles or slices of purple onion, if desired. You can serve the remaining sauce on the side for dipping, au jus style.

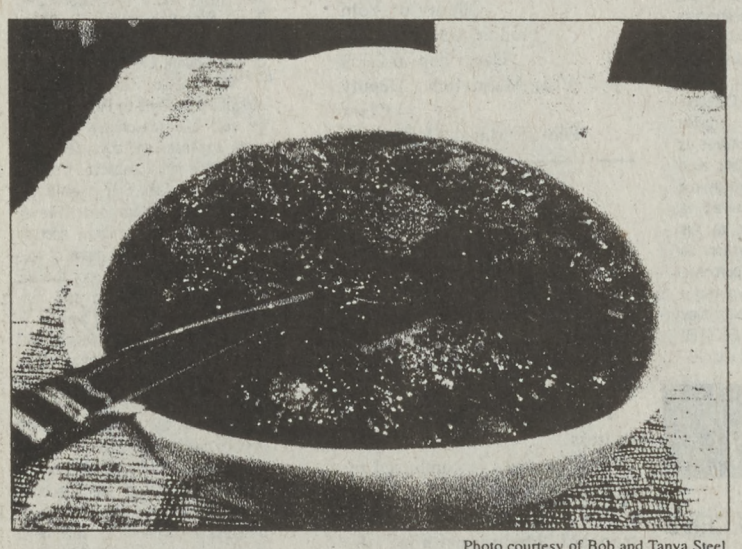


Photo courtesy of Bob and Tanya Steel

This recipe is perfect for crockpot cooking or for slow-cooking in a roasting pan in the oven. It also freezes well and can last for up to six months. This saucy beef stew is a bowlful of comfort on a cold day, or it makes a hearty sandwich for supper on a warm one.

SAUCY BEEF STEW

If you're planning to prepare this stew in a slow cooker, follow steps one and two and then place the meat and the sauce in a crockpot, add the fresh or dried rosemary and thyme, cover and cook on low for 7 hours or until tender. Remove the sprigs of fresh herbs (if used), and season to taste before serving.

PREP: 10 minutes
COOK: About 2 1/2 hours
MAKES: 3 quarts

- *1/4 cup extra-virgin olive oil*
- *5 pounds lean beef chuck, cut into 1- to 2-inch cubes*
- *Kosher salt and freshly ground black pepper*
- *3 extra-large onions, finely diced*
- *5 garlic cloves, smashed and peeled*
- *1/2 cup unbleached all-purpose flour*
- *1 quart low-sodium beef broth*
- *2 cups filtered water*
- *2 tablespoons red wine vinegar*
- *1 tablespoon tomato paste*
- *2 sprigs each fresh rosemary and thyme (or 1 teaspoon each dried)*

1. Heat 1 tablespoon of the oil in a 6- to 8-quart heavy Dutch oven over medium heat. Add a third of the beef, season lightly with salt and pepper, and cook, turning infrequently, until browned, about 8 minutes. Transfer to a plate and repeat with oil and the remaining beef and more salt in two batches.

2. Add the last tablespoon of oil, the onions and garlic to the pot and cook, stirring occasionally, until softened, about 6 minutes. Sprinkle the flour on top and cook, stirring constantly until thick and lightly browned, about 2 minutes. Whisk in the broth, water, vinegar, and tomato paste. Bring the mixture to a boil.

3. Return meat to the pan, add rosemary and thyme, and return to a boil, stirring occasionally. Reduce heat to medium-low, cover and simmer gently, stirring occasionally, for 1 1/2 hours.

4. Uncover pot and continue simmering for up to 30 minutes more, until the meat is nicely tender but still holds its shape. Remove the sprigs and season to taste before serving.

Angela Shelf Medearis is the executive producer and host of "The Kitchen Diva!" television cooking show. Her new inspirational book is "Ten Ingredients for a Joyous Life and a Peaceful Home," co-written with Pastor Salem Robinson Jr. Visit her Web site at www.divapro.com.

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FOR SANITY'S SAKE

by Taprina Milburn

Fountain of Youth

I attended a class at a computer software company to learn how to use a program I needed to be up-to-speed on for work. When I arrived at the company and began to look around, I thought, "Where are all the grown-ups?"

I'd either stumbled upon a place whose employees had discovered the Fountain of Youth, or I was in the middle of a high-school campus. The average employee age seemed to be early-to-mid 20s. It was a workplace full of baby-faced, casually attired, spiked-hair, whiz-kid employees, some who played pinball during their lunch break.

If there was an older person (anyone over 30) around, they were clearly on the premises for the training class I was attending. When our instructor introduced himself to the class, one of the older people (elderly, I'm sure, in the eyes of the company's employees) in our class boldly asked his age.

"Twenty-three," he replied.

Eight years older than my daughter. It took me a couple of hours to get over my age-related hang-up that I didn't even know I had until I attended the class. Our instructor was bright, articulate, professional and patient with those of us who had prehistoric computer skills and knowledge.

I finished the class enthused and ready to apply what I had learned — if I could remember what I had learned, one of those age-related hazards my instructor has yet to experience. The gift he gave us oldies was the belief that we could effectively use the computer program, and that we were good students. That's the sign of a good teacher, whether the teacher is 20 or 80.

One of the signs of getting old is denying ourselves the opportunity to learn from the younger generation. Who better to teach a computer class than the generation that has never known life without one?

But I learned another lesson from a young person that day. I boarded an airport shuttle after my class and rode with a young girl, barely 20, who'd just interviewed with the software company. She had flown in the day before her interview and was clearly going back home disappointed and sad. I assumed the interview had not gone well.

"I felt good about the interview," she told me. "But I'm Jewish, and when I asked about the religious community, I didn't get a good feel that there was a community here for me. I come from a large temple with nearly a thousand families."

I don't know that I, at 20 or 30, ever thought to choose a job based or whether or not I would have a strong faith community available to me. How unwise. How wise of that young girl to recognize the importance a faith family is in overall happiness and adjustment.

Learning from the young ... maybe that is the only true Fountain of Youth.

Write to Taprina Milburn in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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RA.4

PAINTING

Painting contractor: been in business since 1981, doing business in West Sacramento since 1988. Will perform all phases of painting. Specialize in residence exterior painting. References, bonded & insured, state contractor lic., guaranteed all work. Free estimates. PHOENIX PAINTING, 916-372-2941.
PP2008-49

WINDOW CLEANING

Our clients are surprised how affordable it is to have their windows professionally cleaned! Call today for a FREE ESTIMATE and you'll be surprised too! Satisfaction guaranteed. Commercial & residential. FISH WINDOW CLEANING, **374-0449**. Or visit "Your West Sacramento Window Cleaning Company' on the web: www.fishwindowcleaning.com
26

HOUSE CLEANING

Housekeeper. Call Lorraine, 372-7614. Excellent references.
12

HANDYMAN

Local handyman. Specialties include deck & fence repairs, dry rot & termite damage, remodeling. 30 years experience. Call Tom, (916) 868-2715.
31

TREE SERVICE

Tree/stump removal, trimming, 24-hour emergency service, licensed & insured, free estimates. BP Tree Services, (916) 222-3136. Cont. Lic. 831766
25

GARAGE DOOR SERVICE

RC GARAGE DOOR SERVICE. Call Ron, (916) 704-9992. Bonded, insured, lic #909235.
25

VAN DIEST PROPERTIES
-- Homes to Rent --

513-521 N Harbor Blvd.: 2 BR/1 bath, Sec 8 OK. No pets. $825/mo + depo, avail immediately!

3095 Jefferson Blvd:
3-stall horse barn & tack rm, $450/mo
Large shop $600/mo

-- Vacation Rentals --

LUXURIOUS Tahoe rental, West Shore, ideal for large groups! 6 BR, 3 baths. Lake view. $350/night or $2300/week!

SKI CABIN, 3 BR, sleeps 6. Great weekend getaway. $250/night. Homewood area.

Call (916) 601-0417

GLASS

Commercial/residential. Glass replacement, storefronts, patio windows, shower doors, screens, mirrors, & more. Call ARROW GLASS WEST, 372-8333. Free estimates. Lic. 461960.
25

FINANCIAL

Investing, financial advising, life insurance: Call Christopher C. Bradford, Edward Jones Company, 372-3076, 1355 Halyard Dr. #140, West Sacramento. CA insur. lic. 0C24309.
25

STORAGE

Storage units, plus SECURE parking for RVs & boats. Southport Self Storage, 395-3080. www.southportself-storage.com.
25

PLUMBING

J&J Plumbing. We handle emergencies, plus scheduled plumbing work, remodels, sewer & drains. 371-4151. Cont. lic. #552529.
25

HOMES FOR SALE

SHARP 3 BR, 2.5 bath condo, West Sac. Tile floors, dual pane, fresh paint, 2-car garage. 1400+ sf, $165,000. Mike Puente, Windemere Dunnigan Realtors, 395-4727.
35

HOMES FOR RENT

SOUTHPORT off Linden east: 3 bdrm, 1 bath, big yard, no pets, $1,000/mo. COOK REALTY, 457-4907. 3011 Redwood.
27

West Sac: 2 BR, 1 bath. $850/mo + depo. Gated courtyard, immaculate. (707) 321-5776.
29

3/1 + bonus room, 921 Sharian St. $1195/mo + $1150 depo. Paint, carpet, blinds, gas stove w/self-cleaning oven, mounted microwave & disposal are all brand new. Frplc, central ht., swamp cooler, covered patio w/ built-in BBQ. No garage. Small pets, Sec. 8 OK. Call S&S Property, 371-1870.

The word "millennium" comes from combining the Latin words for "one thousand" and "year."

APARTMENT FOR RENT

W. Sacto: Now accepting applications! Studios $523 & up. 1 bdrms $554 & up. Newly remodeled units near downtown & Old Sac. 916-372-4866
41tfn

HELP WANTED

EDUCATION: Head Start/Early Head Start Substitutes needed in W. Sacramento. Assistant Teachers $9.98/hr (6 ECE units). Associate Teachers $10.73/hour (12 ECE units). EOE. Yolo County Office of Education, 1280 Santa Anita Court, Suite 100, Woodland CA 95776. 530-668-3780.
31

"Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates."

FIREFIGHTERS WANTED. Paid training, good salary, $ for school, regular raises, benefits, retirement. HS grads ages 17-34. Call Mon-Fri 1-800-345-6289. (Cal-SCAN)

HELP WANTED/ DRIVERS

DRIVER- CURRENTLY HIRING Experienced Teams and Solos with HazMat. Dry Van & Temp Control available. O/Os welcome. Call Covenant 1-866-684-2519 EOE. (Cal-SCAN)

Driver - West Coast Regional NEW HIRING AREA. Newest equipment on the road. Competitive Pay. Run the Western 11 States. On Site - Full Service Maintenance Shop. Reasonable Home Time. Western Express - 22 yrs. old. Good MVR, EOE, CDL-A, 1 yr. OTR. Call Edna Today! 1-866-863-4112. (Cal-SCAN)

HELP WANTED/ SALES

ABLE TO TRAVEL: Hiring eight people, no experience necessary, transportation & lodging furnished, expense paid training. Work / travel entire U.S. Start immediately. www.ProtekChemical.com Call 1-877-936-7468. (Cal-SCAN)

OVER 18? AVAILABLE to TRAVEL? Earn Above Average $$$ with Fun Successful Business Group! No Experience Necessary. 2wks Paid Training. Lodging, Transportation Provided. 1-800-848-9490. (Cal-SCAN)

BUSINESS OPPORTUNITY

100% RECESSION PROOF! Do You Earn $800 in a Day? Your Own Local Vending Route Includes 25 Machines and Candy for $9,995. MultiVend LLC, 1-888-625-2405. (Cal-SCAN)

UP TO $275K+ 1st year Potential Income. We train. Serious, Motivated & Driven Only. Not MLM. Don't Believe it, Don't Call. 1-800-821-9551. (Cal-SCAN)

BUSINESS SERVICES

CLASSIFIED ADVERTISING in 240 Cal-SCAN newspapers for the best reach, coverage, and price. 25-words $550. Reach 6 million Californians!. FREE email brochure. Call (916) 288-6019. www.Cal-SCAN.com (Cal-SCAN)

DISPLAY ADVERTISING in 140 Cal-SDAN newspapers statewide for $1,550! Reach over 3 million Californians! FREE email brochure. Call (916) 288-6019. www.Cal-SDAN.com (Cal-SCAN)

NEWS RELEASE? Cost-efficient service. The California Press Release Service has 500 current daily, weekly and college newspaper contacts in California. FREE email brochure. Call (916) 288-6010. www.CaliforniaPressReleaseService.com (Cal-SCAN)

EQUIPMENT FOR SALE

SAWMILLS FROM ONLY $2,990 - Convert your Logs To Valuable Lumber with your own Norwood portable band sawmill. Log skidders also available. www.NorwoodIndustries.com/300N -FREE Information: 1-800-578-1363 x300-N. (Cal-SCAN)

LAND FOR SALE

ARIZONA LAND. Big Lots. $0 Down, $0 Interest. Best Land, Best Terms Nationwide. Guaranteed Financing. Starting $129/mth. Total $14,995. www.sunsiteslandrush.com Pre-Recorded Message 1-800-631-8164 mention code CALPRESS. (Cal-SCAN)

BUYER'S MARKET. New Mexico. Ranch Dispersal. 140 acres - $89,900. River Access. Northern New Mexico. Cool 6,000' elevation with stunning views. Great tree cover including Ponderosa, rolling grassland and rock outcroppings. Abundant wildlife, great hunting. EZ terms. Call NML&R, Inc. 1-866-360-5263. (Cal-SCAN)

20 ACRE RANCHES, $0 down! Near Booming El Paso, Texas. $15,900, $159/month. (10%/225 mths) Beautiful Mountain Views. Road Access. Money Back Guarantee. Owner Financing. No Credit Checks. 1-800-343-9444. (Cal-SCAN)

REAL ESTATE SERVICES

STOP FORECLOSURE FAST! We Already Work With Your Current Lender, We'll Immediately Take Action For You. Attorneys On Staff, Call NOW! 1-888-714-9437. (Cal-SCAN)

SCHOOLS/ INSTRUCTION

ELECTRICIAN TRAINING. We train you. Fairfield, Concord, Santa Rosa. 2 days per week for six months. Enrollment Fee required. Sign-up today! 707-480-0514 randy@fleenerelectric.com (Cal-SCAN)

HEAVY EQUIPMENT TRAINING! Cranes-Dozers-Loaders. National Certification, Financial Assistance, Retraining funds available if qualified. Northern California College of Construction. www.Heavy4.com Use Code "NCPA1" 1-866-302-7462. (Cal-SCAN)

TS No. T08-42041-CA Notice of Trustee's Sale YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/22/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, Cashier's Check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a deed of trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: William P. Council, II and Sharon N. Council, husband and wife as joint tenants Duly Appointed Trustee: CR Title Services Inc. C/O PITE DUNCAN, 4375 JUTLAND DRIVE, SUITE 200, SAN DIEGO, CA 92117 877-576-0472 Recorded 12/29/2004 as Instrument No. 2004-0059760-00 in book , page of Official Records in the office of the Recorder of Yolo County, California, Date of Sale: 3/4/2009 at 12:45 PM Place of Sale: At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA Amount of unpaid balance and other charges: $331,989.95 Street Address or other common designation of real property: 3026 Ryer Island Street West Sacramento, CA 95691 A.P.N.: 045-563-23-1 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. The Trustee shall incur no liability for any good faith error in stating the proper amount of unpaid balances and charges. For sales information please contact Priority Posting and Publishing at www.prioritypostng.com or (714) 573-1965 Reinstatement Line: 877-576-0472 Date: 2/11/2009 CR Title Services Inc. 1000 Technology Drive MS 314 O'Fallon, MO 63368 Tammie Duke, Trustee Sales Officer Federal Law requires us to notify you that we are acting as a debt collector. If you are currently in a bankruptcy or have received a discharge in bankruptcy as to this obligation, this communication is intended for informational purposes only and is not an attempt to collect a debt in violation of the automatic stay or the discharge injunction. P531159 2/11, 2/18, 02/25/2009

AUTOS WANTED

DONATE VEHICLE: RECEIVE $1000 Grocery Coupons, Your Choice. Noah's Arc, No Kill Animal Shelters. Advanced Veterinary Treatments. Free Towing, IRS Tax Deduction. Non-Runners. 1-866-912-GIVE. (Cal-SCAN)

DONATE YOUR CAR: Children's Cancer Fund! Help Save A Child's Life Through Research & Support! Free Vacation Package. Fast, Easy & Tax Deductible. Call 1-800-252-0615. (Cal-SCAN)

Fictitious Business Name Statement
Filed Feb 12, 2009
File No. 2009-138

The following person is doing business as Old Town Inn, 826 West Capitol Ave., West Sacramento CA 95691:

Tayjes M. Patel, 940 West Capitol Ave., West Sacramento CA 95691.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 2/12/09.

/s/Tayjes M. Patel

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb 12 2009
by: /s/Kimberli Johnson, Deputy Clerk

Feb 25 Mar 4 11 18

Fictitious Business Name Statement
Filed Feb. 11, 2009
File No. 2009-134

The following person is doing business as Jacmar Foodservice Distribution Northern California, 3057 Promenade St., West Sacramento CA 95691:

Jacmar DDC LLC, same address.

This business is conducted by a Limited Liability Company.

The registrant commenced to transact business under the fictitious business name or names listed above on 1/1/07.

/s/Jacmar DDC LLC
Orlando Andrade, Manager

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb. 11 2009
by: /s/Liz Mahovlich, Deputy Clerk

Fictitious Business Name Statement
Filed Feb. 6, 2009
File No. 2009-124

The following person is doing business as Virtual Business Team; WESTSACWEB, 3394 Bonaire Rd., West Sacramento CA 95691:

Danny Luna, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 10/1/08.

/s/Danny Luna

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb. 6 2009
by: /s/Liz Mahovlich, Deputy Clerk

Feb 25 Mar 4 11 18

Fictitious Business Name Statement
Filed Feb. 18, 2009
File No. 2009-161

The following person is doing business as Kustom Kolors, 39955 Country Road 17-A, Woodland CA 95695:

Patrick Reynolds, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 4/1/2007.

/s/Patrick Reynolds

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Feb. 18 2009
by: /s/Isabel Becerra, Deputy Clerk

Feb 25 Mar 4 11 18

ORDINANCE SUMMARY

At their regular meeting on February 18, 2009 the West Sacramento City Council adopted by the vote noted below Ordinance 09-5 amending Planned Development No. 41 (Triangle Specific Plan). The ordinance will be effective on March 20, 2009.

AYES: Beers, Johannessen, Kristoff, Villegas, Cabaldon
NOES: None
ABSENT: None

The full text of the ordinance is available in the City Clerk's Office, 1110 West Capitol Avenue, West Sacramento, CA 95691

Feb 25

WEST SACRAMENTO PLANNING COMMISSION NOTICE OF CANCELLATION

The March 5, 2009 meeting of the West Sacramento Planning Commission has been cancelled.

The next meeting of the Planning Commission will be held on, March 19, 2009, at 6:00 p.m. at City Hall, 1110 West Capitol Avenue, West Sacramento.

Steve Rikala, City Planner/ Secretary
West Sacramento Planning Commission

Feb 25

About 9 percent of the American population was born in another country.

Trustee Sale No. 08-02352-3 Loan No. 0018046987 Title Order No. 3451225 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 7/28/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 3/17/2009, at 12:45 PM, At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA, AHMSI DEFAULT SERVICE, INC., as the duly appointed Trustee, will sell, at public auction to the highest bidder, in lawful money of the United States, all payable at the time of sale, the following described property situated in Yolo County, California: 1530 PENNSYLVANNIA AVE , West Sacramento, CA 95691. APN(s) 058-073-06-1. The Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining unpaid balance of the obligations secured by and pursuant to the power of sale contained in that certain Deed of Trust (together with any modifications thereto), executed by GLORIA S MACIAS, AN UNMARRIED WOMAN, as Trustor, and recorded on 08/09/2005, as Instrument No. 2005-0038862-00 Book N/A Page N/A of Official Records in the office of the Recorder of Yolo County, CA The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonably estimated costs, expenses and advances at the time of the initial publication of thie Notice of Trustee's Sale is estimated to be $226,032.32 provided, however, that prepayment premiums, accrued interest, advances and costs of sale will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the California Financial Code and authorized to do business in California, or such other funds as may be acceptable to the Trustee. In the event that tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. Dated as of: 2/25/2009 AHMSI DEFAULT SERVICE, INC, TRUSTEE By: Fidelity National Title Company, its agent, 209 Kearny Street, 2nd Floor, San Francisco, CA 94108, 415-263-4300 By: _____, Tamara Banez Authorized Signature SALE INFORMATION CAN BE OBTAINED ON LINE AT www.prioritypostng.com AUTOMATED SALES INFORMATION PLEASE CALL 714-573-1965 P536257 2/25, 3/4, 03/11/2009

Loan: SCL WEST SAC Other: 3898581 File:08-10-013 CS Investor Loan#: A.P. Number 046-260-014 Notice of Trustee's Sale under Deed Of Trust YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED June 1, 2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that Foreclosure Resources, Inc., a California Corporation, as Trustee, or Successor Trustee, Or Substituted Trustee pursuant to the Deed Of Trust executed by SCL West SAC Holdings, LLC, a Delaware Limited Liability Company recorded on 06/27/2006 as Instrument No. 2006-0024965-00 in Book N/A Page N/A of official records in the office of the County Recorder of Yolo County, California, and pursuant to the Notice Of Default and Election to Sell thereunder recorded 10/28/2008 in Book N/A , Page N/A , as Instrument No. 20080032432 of said official Records, will sell on 03/11/2009 at At the north entrance to the West Sacramento City Hall, 1110 West Capital Avenue, West Sacramento, CA at 12:45 P.M. at public auction to the highest bidder for cash (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: BEGINNING AT THE NORTHWEST CORNER OF SAID SWAMP LAND SURVEY NO. 300; THENCE FROM SAID POINT OF BEGINNING NORTH 75 DEG. 30'37" EAST 1423.30 FEET ALONG THE NORTHERLY BOUNDARY OF SAID SWAMP LAND SURVEY NO. 300; THENCE SOUTH 64 DEG. 17'33"EAST 3118.64 FEET; THENCE SOUTH 25 DEG. 40'27" WEST 660.95 FEET TO THE LINE DIVIDING S.L.S. 300 AND 372; THENCE ALONG SAID DIVIDING LINE NORTH 64 DEG 21'33" WEST 3169.73 FEET; THENCE NORTH 81 DEG. 18'55" WEST 1039.18 FEET TO A POINT IN THE LINE DIVIDING S.L.S. 300 AND S.L.S. 991; THENCE ALONG SAID DIVIDING LINE NORTH 14 DEG. 38'30" WEST 66.00 FEET TO THE POINT OF BEGINNING. ALSO SHOWN AS PARCEL B IN THAT CERTIFICATE OF COMPLIANCE RECORDED JULY 23, 2002 AS DOCUMENT NO. 2002-0030108-00, OF OFFICIAL RECORDS, YOLO COUNTY.

EXCEPTING THEREFROM AN UNDIVIDED 112 INTEREST IN ALL OIL, GAS AND MINERAL RIGHTS AS RESERVED IN THE DEED EXECUTED BY ISABELLA M. LA VEZZO, ET AL., RECORDED SEPTEMBER 28, 1960 IN BOOK 615 OF OFFICIAL RECORDS, PAGE 576. A.P.N.: 046-260-014 BENEFICIARY ELECTS TO CONDUCT A UNIFIED SALE. SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF. Exhibit "A" TOGETHER WITH: All right, title and interest which Trustor now has or may later acquire in and to all buildings, structures and improvements now or hereafter erected on the Land, including, without limitation, all plant equipment, apparatus, machinery and fixtures of every kind and nature whatsoever now or hereafter located on or forming part of said building,s structures and improvements (collectively, the "Improvements"; the Land and Improvements being hereinafter sometimes collectively referred to as the "Premises"); TOGETHER WITH: All rights, title and interest which Trustor now has or may later acquire in and to the land lying in the bed of any street, road, highway or avenue now or hereafter in front of or adjoining the Premises; TOGETHER WITH: Any and all awards heretofore or hereafter made by any governmental authorities (federal, state, local or otherwise) to Trustor and all subsequent owners of the Premises which may be made with respect to the Premises as a result of the exercise of the right of eminent domain, the alteration of the grade of any street or any other injury to or decrease of value of the Premises, which said award or awards are hereby assigned to Lender; TOGETHER WITH: Any claims under and proceeds of any insurance policies by reason of or related to a loss of any kind sustained to the Premises, now or hereafter, whether or not such policies name Lender as an insured and whether or not such policies are required by Lender, and whether or not such claims thereunder are characterized as personal claims; TOGETHER WITH: Any and all unearned premiums accrued, accruing or to accrue, and the proceeds of insurance now or hereafter in effect with respect to all or any portion of the Premises; TOGETHER WITH: Any and all claims or demands which Trustr now has or may hereafter acquire against anyone with respect to any damage to all or any portion of the Premises; TOGETHER WITH: All goods, equipment, machinery, furniture, furnishings, trade fixtures, appliances, inventory, building materials, apparatus, utensils, vehicles, wiring, pipes, conduits, elevators, escalators, heating and air conditioning equipment, chattels and articles of personal property, including, without limitation, any interest herein now or at any time hereafter affixed to, attached to or used in any way in connection with or to be incorporated at any time into the Premises or placed on any part thereof wheresoever located, whether or not attached to or incorporated in the Premises, together with any and all accessions, accessories, attachments, and replacements thereof, appertaining and adapted to the complete and compatible use, enjoyment, occupancy, operation or improvement of the Premises; TOGETHER WITH: All instruments, investment property, deposit accounts, accounts, contract rights, general intangibles, and other intangible property and rights now or hereafter relating to the foregoing property, or the operation thereof or used in connection therewith, including, without limitation, all options, letters of intent, and rights of first refusal of any nature whatsoever, covering all or any portion of such property, together with any modifications thereof, and deposits or other payments made in connection therewith, existing and future development rights, permits and approvals, air rights, density bonus rights, and transferable development rights; all of Trustor's right, title, and interest in and to any awards, remunerations, settlements, or compensation heretofore made or hereafter made by any and all courts, boards, agencies, commissions, offices, or authorities, of any nature whatsoever for any governmental unit (federal, state, local or otherwise) to the present or any subsequent owner of the foregoing property, including those for any vacation of, or change of grade in, any streets affecting the foregoing property and any and all licenses and privileges obtained by Trustor from non-governmental sources; TOGETHER WITH: All leases of the Premises, Personalty, Fixtures, or any part thereof, now orhereafter entered into and all right, title and interest of Trustor thereunder, including, without limitation, cash or securities deposited thereunder to secure performance by the lessees of their obligations, thereunder (whether such cash or securities are to be held until the expiration of the terms of such leases or applied to one or more of the installments of rent coming due immediately prior to the expiration of such terms); all other rights and easements of Trustor now or hereafter existing pertaining to the use and enjoyment ofthe Premises; and all right, title and interest of Trustor in and to all declarations of covenants, conditions and restrictions as may affect or otherwise relate to the Premises; TOGETHER WITH: All permits, plans, licenses, specifications, subdivision rights, security interests, contracts, contract rights, public utility deposits, prepaid sewer and water hook-up charges, or other rights as may affect or otherwise relate to the Property (as hereinafter defined); TOGETHER WITH: All rents, income, issues and profits (subject, however, to the rights given in this Deed of Trust to Lender to collect and apply same), including, without limitation, the accounts, revenues, and proceeds of any business operation conducted by or on behalf of Trustor on or through the use of the Premises, prepaid municipal and utility fees, bonds, revenues, income, and other benefits to which Trustor may now or hereafter be entitled to, or which are derived from, the Property or any portion thereof or interest therein. The foregoing listing is intended only to be descriptive of the property encumbered hereby, and not exclusive or all inclusive. It is the intent of Trustor to encumber hereby all property located or to be located upon the above-described real property. Said real property (or the leasehold estate if the Deed of Trust encumbers a leasehold estate), buildings, improvements, appurtenances, Fixtures, Personalty, additions, accretions, and other property are herein referred to as the "Property." As used herein, the term "Fixtures" shall include all articles of personal property hereinabove described, now or hereafter attached to, placed upon for a definite term, or otherwise used in connection with the Property, and shall include trade fixtures and goods which are or are to become fixtures. As used herein, the term "Personalty" shall include all furniture, furnishings, equipment, machinery, goods, contract rights, general intangibles, money, deposit accounts, instruments, accounts, leases, chattel paper and other personal property described in this Deed of Trust (other than Fixtures) of any kind or character now existing or hereafter arising or acquired, now or hereafter located upon, within or about the Property, or which otherwise pertains to the use, ownership, management, operation, construction, leasing and sale of the Property, and all products and proceeds thereof, and all of Trustor's right, title, and interest in and to all such property. Trustor makes the foregoing grant to Trustee, and to Lender, as applicable, to hold the Property in trust for the benefit of Lender and for the purposes and upon the terms and conditions hereinafter set forth. Parcel No. 046-260-014 The property address and other common designation, if any, of the real property described above is purported to be: VACANT LAND: Directions may be obtained by written request submitted to the beneficiary: Central Pacific Bank, special assets department, Attn: Dale Northup, V.P., 16870 W. Bernardo Drive, Suite 170, San Diego, CA 92127, within ten days from the first publication of this notice. The undersigned trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the notice of sale is: $5,034,430.62 In addition to cash, the trustee will accept a cashier's check drawn on a State or National Bank, a check drawn by a State or Federal Credit Union or a check drawn by a State or Federal Savings and Loan Association, Savings Association or Savings Bank specified in section 5102 of the Financial Code and authorized to do business in this State. In the event tender other than cash is accepted the trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the note secured by said Deed with interest thereon as provided in said note, fees, charges and expenses of the trustee and the trusts created by said Deed Of Trust. Dated: 02/09/2009 Foreclosure Resources, Inc., as said Trustee a California Corporation 8885 Rio San Diego Drive, Suite 135 San Diego, CA, 92108 (619) 325-4336 By: Christian Spring Vice President P532731 2/18, 2/25, 03/04/2009

Loan: WARM SRPINGS Other: 3898588 File: 08-10-014 CS Investor Loan#: A.P. Number 046-250-016 Notice of Trustee's Sale under Deed Of Trust YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED June 1, 2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that Foreclosure Resources, Inc., a California Corporation, as Trustee, or Successor Trustee, Or Substituted Trustee pursuant to the Deed Of Trust executed by WARM SPRINGS INVESTMENTS, LTD., A FLORIDA LIMITED PARTNERSHIP, REGISTERED TO DO BUSINESS IN CALIFORNIA AS WARM SPRING INVESTMENT, L.P recorded on 06/27/2006 as Instrument No. 2006-0024966-00 in Book N/A Page N/A of official records in the office of the County Recorder of Yolo County, California, and pursuant to the Notice Of Default and Election to Sell thereunder recorded 10/28/2008 in Book N/A, Page N/A, as Instrument No. 20080032430 of said official records, will sell on 03/11/2009 at At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA at 12:45 PM at public auction to the highest bidder for cash (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF. BENEFICIARY ELECTS TO CONDUCT A UNIFIED SALE. SEE EXHIBIT "B" ATTACHED HERETO AND MADE A PART HEREOF. EXHIBIT" A" the land REFERRED TO IN THIS GUARANTEE IS SITUATED IN THE STATE OF CALIFORNIA, CITY OF WEST SACRAMENTO, COUNTY OF YOLO AND IS DESCRIBED AS FOLLOWS: ALL OF PARCEL 1 AS SHOWN ON PARCEL MAP NO. 4694, FILED FOR RECORD ON SEPTEMBER 7,2004, IN BOOK 2004 OF PARCEL MAPS, PAGE 111 AND 112, TOGETHER WITH A PORTION OF THE TRACT OF LAND DESCRIBED IN THE GRANT DEED RECORDED ON MARCH 7, 2002, IN DOCUMENT NO. 2002-0009958, OFFICIAL RECORDS OF YOLO COUNTY, STATE OF CALIFORNIA

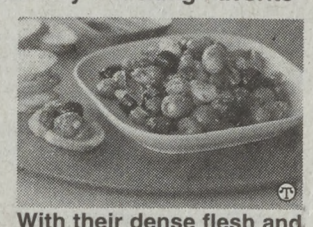
AND BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT THE SOUTHWEST CORNER OF SAID PARCEL 1 FROM WHICH AN AXLE MARKING THE SOUTHERLY TERMINUS OF THE LINE LABELED SOUTH 26°37'30" EAST 1653.03 FEET AS SHOWN ON THE RECORD OF SURVEY, FILED FOR RECORD IN BOOK 9 OF MAPS AND SURVEYS, PAGE 60, OFFICIAL RECORDS OF SAID COUNTY BEARS SOUTH 26°57'24" EAST 427.82 FEET; THENCE SOUTH 89°49'42" WEST 485.62 FEET; THENCE FROM SAID POINT OF BEGINNING ALONG THE BOUNDARY OF SAID PARCEL 1 THE FOLLOWING THREE (3) COURSES AND DISTANCES: 1. NORTH 26°57'24" WEST, 336.38 FEET TO THE NORTH LINE OF SAID PARCEL; 2. ALONG SAID NORTH LINE NORTH 68°19'29" EAST, 1131.38 FEET TO THE NORTHEAST CORNER OF SAID PARCEL; AND 3. SOUTH 15°12'01" EAST, 474.90 FEET TO THE SOUTHEAST CORNER OF SAID PARCEL; THENCE CONTINUING ALONG THE BOUNDARY DESCRIBED IN AFOREMENTIONED GRANT DEED SOUTH 15°12'01" EAST A DISTANCE OF 172.02 FEET; THENCE LEAVING SAID BOUNDARY SOUTH 75°46'34" WEST A DISTANCE OF 506.50 FEET TO THE WEST BOUNDARY DESCRIBED IN SAID GRANT DEED; THENCE ALONG SAID WEST BOUNDARY NORTH 15°12'41" WEST A DISTANCE OF 172.03 FEET TO THE SOUTH LINE OF SAID PARCEL; THENCE ALONG SAID SOUTH LINE SOUTH 75°46'34" WEST A DISTANCE OF 549.25 FEET TO THE POINT OF BEGINNING. SAID PARCEL ALSO DESCRIBED AS PROPOSED PARCEL 1 IN THAT CERTAIN CERTIFICATE OF COMPLIANCE RECORDED AUGUST 30, 2005 AS INSTRUMENT NO. 2005-0042799-00, YOLO COUNTY OFFICIAL RECORDS.A.P.N: 046-250-016 Exhibit "B" TOGETHER WITH: All right, title and interest which Trustor now has or may later acquire in such real property and all appurtenances, easements, rights of way, tenements, hereditaments and appurtenances thereunto belonging or in any way appertaining thereto now or hereafter, and all of the estate, right, title, interest, claim, demand, reversion or remainder whatsoever of Trustor therein or thereto, at law or in equity, now or hereafter in possession or expectancy, including, without limitation, all mineral, oil, and gas rights and royalties and profits therefrom, all water and water rights and shares of stock pertaining to water and water rights, and all sewers, pipes conduits, wires and other facilities furnishing utility or services to the real property (collectively, the "Land"); TOGETHER WITH: All right, title and interest which Trustor now has or may later acquire in and to all buildings, structures and improvements now or hereafter erected on the Land, including, without limitation, all plant equipment, apparatus, machinery and fixtures of every kind and nature whatsoever now or hereafter located on or forming part of said building,s structures and improvements (collectively, the "Improvements"; the Land and Improvements being hereinafter sometimes collectively referred to as the "Premises"); TOGETHER WITH: All rights, title and interest which Trustor now has or may later acquire in and to the land lying in the bed of any street, road, highway or avenue now or hereafter in front of or adjoining the Premises; TOGETHER WITH: Any and all awards heretofore or hereafter made by any governmental authorities (federal, state, local or otherwise) to Trustor and all subsequent owners of the Premises which may be made with respect to the Premises as a result of the exercise of the right of eminent domain, the alteration of the grade of any street or any other injury to or decrease of value of the Premises, which said award or awards are hereby assigned to Lender; TOGETHER WITH: Any claims under and proceeds of any insurance policies by reason of or related to a loss of any kind sustained to the Premises, now or hereafter, whether or not such policies name Lender as an insured and whether or not such policies are required by Lender, and whether or not such claims thereunder are characterized as personal claims; TOGETHER WITH: Any and all unearned premiums accrued, accruing or to accrue, and the proceeds of insurance now or hereafter in effect with respect to all or any portion of the Premises; TOGETHER WITH: Any and all claims or demands which Trustr now has or may hereafter acquire against anyone with respect to any damage to all or any portion of the Premises; TOGETHER WITH: All goods, equipment, machinery, furniture, furnishings, trade fixtures, appliances, inventory, building materials, apparatus, utensils, vehicles, wiring, pipes, conduits, elevators, escalators, heating and air conditioning equipment, chattels and articles of personal property, including, without limitation, any interest herein now or at any time hereafter affixed to, attached to or used in any way in connection with or to be incorporated at any time into the Premises or placed on any part thereof wheresoever located, whether or not attached to or incorporated in the Premises, together with any and all accessions, accessories, attachments, and replacements thereof, appertaining and adapted to the complete and compatible use, enjoyment, occupancy, operation or improvement of the Premises; TOGETHER WITH: All instruments, investment property, deposit accounts, accounts, contract rights, general intangibles, and other intangible property and rights now or hereafter relating to the foregoing property, or the operation thereof or used in connection therewith, including, without limitation, all options, letters of intent, and rights of first refusal of any nature whatsoever, covering all or any portion of such property, together with any modifications thereof, and deposits or other payments made in connection therewith, existing and future development rights, permits and approvals, air rights, density bonus rights, and transferable development rights; all of Trustor's right, title, and interest in and to any awards, remunerations, settlements, or compensation heretofore made or hereafter made by any and all courts, boards, agencies, commissions, offices, or authorities, of any nature whatsoever for any governmental unit (federal, state, local or otherwise) to the present or any subsequent owner of the foregoing property, including those for any vacation of, or change of grade in, any streets affecting the foregoing property and any and all licenses and privileges obtained by Trustor from non-governmental sources; TOGETHER WITH: All leases of the Premises, Personalty, Fixtures, or any part thereof, now or hereafter entered into and all right, title and interest of Trustor thereunder, including, without limitation, cash or securities deposited thereunder to secure performance by the lessees of their obligations, thereunder (whether such cash or securities are to be held until the expiration of the terms of such leases or applied to one or more of the installments of rent coming due immediately prior to the expiration of such terms); all other rights and easements of Trustor now or hereafter existing pertaining to the use and enjoyment of the Premises; and all right, title and interest of Trustor in and to all declarations of covenants, conditions and restrictions as may affect or otherwise relate to the Premises; TOGETHER WITH: All permits, plans, licenses, specifications, subdivision rights, security interests, contracts, contract rights, public utility deposits, prepaid sewer and water hook-up charges, or other rights as may affect or otherwise relate to the Property (as hereinafter defined); TOGETHER WITH: All rents, income, issues and profits (subject, however, to the rights given in this Deed of Trust to Lender to collect and apply same), including, without limitation, the accounts, revenues, and proceeds of any business operation conducted by or on behalf of Trustor on or through the use of the Premises, prepaid municipal and utility fees, bonds, revenues, income, and other benefits to which Trustor may now or hereafter be entitled to, or which are derived from, the Property or any portion thereof or interest therein. The foregoing listing is intended only to be descriptive of the property encumbered hereby, and not exclusive or all inclusive. It is the intent of Trustor to encumber hereby all property located or to be located upon the above-described real property. Said real property (or the leasehold estate if the Deed of Trust encumbers a leasehold estate), buildings, improvements, appurtenances, Fixtures, Personalty, additions, accretions, and other property are herein referred to as the "Property." As used herein, the term "Fixtures" shall include all articles of personal property hereinabove described, now or hereafter attached to, placed upon for a definite term, or otherwise used in connection with the Property, and shall include trade fixtures and goods which are or are to become fixtures. As used herein, the term "Personalty" shall include all furniture, furnishings, equipment, machinery, goods, contract rights, general intangibles, money, deposit accounts, instruments, accounts, leases, chattel paper and other personal property described in this Deed of Trust (other than Fixtures) of any kind or character now existing or hereafter arising or acquired, now or hereafter located upon, within or about the Property, or which otherwise pertains to the use, ownership, management, operation, construction, leasing and sale of the Property, and all products and proceeds thereof, and all of Trustor's right, title, and interest in and to all such property. Trustor makes the foregoing grant to Trustee, and to Lender, as applicable, to hold the Property in trust for the benefit of Lender and for the purposes and upon the terms and conditions hereinafter set forth. The property address and other common designation, if any, of the real property described above is purported to be: VACANT LAND: DIRCETIONS MAY BE OBTAINED BY WRITTEN REQUEST SUBMITTED TO THE BENEFICIARY: CENTRAL PACIFIC BANK, SPECIAL ASSETS DEPARTMENT, 16870 W BERNARDO DRIVE, SUITE 170, SAN DIEGO, CA 92127, WITHIN TEN DAYS FROM THE FIRST PUBLICATION OF THIS NOTICE. The undersigned trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the notice of sale is: $508,455.27 In addition to cash, the trustee will accept a cashier's check drawn on a State or National Bank, a check drawn by a State or Federal Credit Union or a check drawn by a State or Federal Savings and Loan Association, Savings Association or Savings Bank specified in section 5102 of the Financial Code and authorized to do business in this State. In the event tender other than cash is accepted the trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the note secured by said Deed with interest thereon as provided in said note, fees, charges and expenses of the trustee and the trusts created by said Deed Of Trust. Dated: 02/09/2009 Foreclosure Resources, Inc., as said Trustee a California Corporation 8885 Rio San Diego Drive, Suite 135 San Diego, CA, 92108 (619) 325-4336 By: Christian Spring Vice President P532876 2/18, 2/25, 03/04/2009

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: **20080159907005** Title Order No.: **1165947** You are in Default under a Deed of Trust, dated **06/14/2006**. Unless you take action to protect your property, it may be sold at a public sale. If you need an explanation of the nature of the proceeding against you, you should contact a lawyer. **NDEx West, LLC,** as duly appointed Trustee under and pursuant to Deed of Trust **Recorded on 06/20/2006 as Instrument No. 2006-0023963** of official records in the office of the County Recorder of **Yolo** County, State of **California**. Executed By: **Fred Gully,** Will sell at public auction to highest bidder for cash, cashier's check/cash equivalent or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). Date of Sale: **03/17/2009** Time of Sale: **10:00 AM** Place of Sale: **At the front entrance to City Hall, 1110 W. Capitol Avenue, West Sacramento, CA.** Street Address and other common designation, if any, of the real property described above is purported to be: **2821 Rogue River Circle, West Sacramento, California 95691 APN#: 046-451-26-1** The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is **$518,201.79**. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NDEx West, L.L.C. may be acting as a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. For Trustee Sale Information Please Call: Residential Services Validated Publications, 2600 Stanwell Drive, Suite 200, Concord, CA 94520 (925) 603-7342. www.rsvpforeclosures.com **NDEx West, L.L.C., as Authorized Agent** Dated: 02/19/2009 (RSVP# 141469) (02/25/09, 03/04/09, 03/11/09)

Trustee Sale No.: 20080134012257 Title Order No.: 20862075 FHA/VA/PMI No.: NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/2/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDex West, LLC, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 11/15/2004 as Instrument No. 2004-0052276-00 of official records in the office of the County Recorder of Yolo County, State of California. Executed By: STEPHANIE BLAKE, will sell at public auction to highest bidder for cash, cashier's check/cash equivalent or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). Date of Sale: 3/17/2009 Time of Sale: 12:45 PM Place of Sale: At the north entrance to the West Sacramento City Hall located at 1110 West Capitol Avenue, West Sacramento, CA Street Address and other common designation, if any, of the real property described above is purported to be: 3810 HENSHAW ROAD, WEST SACRAMENTO,CA 95691 APN#: 072-032-12-1 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is $457,469.62. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to sell to be recorded in the County where the real property is located. For Trustee Sale Information Please Call: Priority Posting & Publication 17501 Irvine Blvd., Suite One Tustin, CA 92780 714-573-1965 www.prioritypostng.com NDex West, LLC as Authorized Agent Dated: 2/20/2009 NDex West, LLC may be acting as a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. P527720 2/25, 3/4, 03/11/2009

Holiday Entertaining

Roasted Olives—Classic Holiday Snacking Favorite



With their dense flesh and rich flavor, roasted olives make a delightful seasonal treat.

(NAPS)—Simple to prepare and easy on the budget, savory roasted olives are a delicious seasonal treat at holiday parties and fireside family gatherings. Lindsay Olives transforms everyday olives by roasting them with herbs and spices, French style.

Roasting olives is a fun, quick technique that gives them a slightly chewy outside, a dense flesh and a truly unique bite. Tomatoes, whole garlic and herbes de Provence add color, texture and flavor to a mixture of glossy, black ripe olives, brightly flavored Kalamatas and briny green olives stuffed with garlic. The garlic softens and sweetens as it roasts, a lovely complement to the herbs.

This delicious, simple recipe is ready in just 30 minutes and, if refrigerated, stays tasty for up to two weeks, making it perfect for the non-stop entertaining season.

For more easy entertaining recipes and tips, please visit www.lindsayolives.com.

Lindsay Roasted Olives
(Serves 6-8)

Serve this starter with toasted baguette slices, crackers, pita bread or just by themselves with toothpicks to make it easy to pick them up and enjoy.

1 pint (2 cups) grape or cherry tomatoes
1 cup Lindsay® Black Ripe Olives
1 cup Lindsay® Kalamata Pitted Olives
1 cup Lindsay® Queen Olives Stuffed with Garlic
1 tablespoon herbes de Provence blend or a mix of rosemary and thyme
8 whole garlic cloves, peeled
¼ cup olive oil
¼ teaspoon freshly ground black pepper
Toasted baguette slices, pita bread or crackers.

Heat oven to 425° F.

Lay out all the ingredients on a sheet pan and toss to combine well. Roast the olive mixture in the preheated oven for 15-20 minutes or until the tomatoes have shriveled and browned lightly. Cool on the sheet pan and transfer all ingredients to a shallow serving bowl. Serve at room temperature with toasted baguette slices or crackers.

Note: Herbes de Provence is a dried herbal blend of rosemary, basil, sage, thyme, summer savory and lavender. It can be found at larger grocery stores or online. If you have trouble finding it, just make your own mix of a few of the designated dried herbs that you have on your pantry shelf.

Serving tip: If you can find them, fresh herbs such as rosemary, thyme or basil look great as a garnish. If you have trouble finding the specified olives, feel free to use any combination that appeals to you.

Children's Health

Take A Bite Out Of Tooth Decay

You can help prevent tooth decay by brushing twice a day with fluoride toothpaste and cleaning between your teeth daily with floss.

(NAPS)—A lifetime of healthy smiles starts early, before your child gets his or her first tooth. To help people learn more about oral health issues affecting them and their children, MetLife, which administers dental benefits for over 21 million people, has created an online Oral Health Library at www.whymetlife.com/oralhealth.

The MetLife Oral Health Library has articles, risk assessments and answers to frequently asked questions such as the following:

Q. At what age should I first take my child to the dentist?

A. The American Academy of Pediatric Dentistry and the American Dental Association recommend that a child's first visit to the dental office should occur no later than his or her first birthday.

Q. Is it necessary for me to clean or brush my infant's teeth?

A. Yes. Parents should wipe an infant's gums and teeth after each feeding, using a clean, moist cloth or baby toothbrush.

Q. What is "Baby Bottle Tooth Decay"?

A. According to the National Institute of Dental and Craniofacial Research, Baby Bottle Tooth Decay, also known as "early childhood caries," is caused by prolonged contact with almost any liquid other than plain water. Sucking on a bottle filled with liquids that have sugar in them can cause tooth decay. To help prevent this condition, never routinely put your child to bed with a bottle containing sweetened liquids, do not use the bottle as a pacifier and do not dip pacifiers in sweetened liquids, honey or sugar.

Q. What is fluoride and does my child need fluoride treatments?

A. Fluoride is a substance used to prevent or reverse the early signs of tooth decay. Research has shown that fluoride makes the tooth structure stronger so teeth are more resistant to acid attacks, which can break down the tooth structure and cause caries (decay). According to the American Dental Association, the use of fluoride-containing dental products by children under age six should be carefully monitored as ingestion of higher than recommended levels of fluoride by children has been associated with an increased risk of dental fluorosis, which is associated with abnormal enamel development.

Q. What are sealants and should my child have them?

A. Sealants are substances used in the prevention of tooth decay. It has been shown to be a very effective method to prevent cavities on the biting surface of teeth. Sealants are particularly important for children who have a high risk for decay. To learn more about oral health issues, visit www.whymetlife.com/oralhealth. For personalized oral health information, please speak to your dentist.

***

When prosperity comes, do not use all of it.
—Confucius

***

Fictitious Business Name Statement
Filed Jan. 21, 2009
File No. 2009-065

The following person is doing business as Shades of Green Event Services, 228 Baja Ave., Davis CA 95616:

Melissa A. Smith, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 1/20/2009.

/s/Melissa A. Smith

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Jan.21 2009
by: /s/Linda Smith, Deputy Clerk

Feb 4 11 18 25

Healthy Ideas

(NAPS)—Parents should make sure their babysitters are vaccinated against the flu. For information about the flu vaccine, contact your doctor or health department. To find a clinic nearby, visit www.flucliniclocator.org. To learn more, call CDC at 1-800-CDC-INFO or visit www.cdc.gov/flu.

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Fax: 916-374-9099
2105 Town Center Rd
Suite 120
West Sac. CA 95691
Email:
pjp@golyon.com
LYON REAL ESTATE
www.GoLyon.com

Local Scene

St. Pat's breakfast

The annual St. Patrick's Day Breakfast is planned for Sunday, March 15, from 10-11:30 a.m. at Holy Cross Church, 1321 Anna Street. $4.50 for adults, $3 for kids age 12 and under. As a special treat, menudo will be available for $6 (large bowl) and $4 (small bowl).

Flag retirement

Drop off your blemished or disabled American flag for an honorable retirement at Veterans of Foreign Wars Post 8762, 905 Drever Street, by Feb. 27. The flags will be properly disposed of in a ceremony at 9 a.m. on Feb. 28 at Plainfield Fire Station.

Crab feed

The annual crab feed at Veterans of Foreign Wars Post 8762 is planned for Sat., March 7, with no-host cocktails at 6 p.m. and dinner at 7 p.m. A raffle will follow. $35 tickets; call 371-7245.

Swim team

The "West Sacramento Dolphins" youth swim team – now swimming at the new RCHS pool – is accepting registration for the 2009 season. Registration is scheduled for Feb. 28 and March 7, 14 & 21, from 10 a.m. to 2 p.m. at the Round Table at the Nugget Center. Registration is $100 for the first swimmer from each family, $90 from each additional, plus a refundable work deposit and (if you need one) a $20 fee to the city recreation center for pool use. Please bring a 1" square headshot photo of each swimmer and (for new swimmers) a copy of the birth certificate. For information, visit www.wsdolphins.org.

Job fair

More than 20 Sacramento-area employers will accept resumes, provide applications, and hold interviews at a Job Fair on Thursday, March 12, from 10 a.m. to 2 p.m. at 500 Jefferson Blvd., West Sacramento (at Triangle Court). Hosted by Yolo County Department of Employment and Social Services (DESS). For more information, call Art Rodriguez at 375-6336 or email art.rodriguez@yolocounty.org.

Charter school

Learn more about Delta Elementary Charter School in Clarksburg. A session on kindergarten is scheduled for 6-7 p.m. on Feb. 26, and a meeting regarding prospective 1st-6th graders is planned for 6:30-7:30 p.m., all at the school, 36230 North School Street in Clarksburg. Call 744-1200 or visit www.deltacharter.org for information.

Want to act?

West Sacramento Community Theater will host a free Shakespeare workshop for ages 13+, from 6:30-8:30 p.m. on Wednesdays from Feb. 25 to April 1 at park clubhouse, 205 Stone Blvd. The workshop is intended for beginners, and will concentrate on "Midsummer Night's Dream." Participants are guaranteed a role in the company's upcoming play. Rehearsals will be on Monday evenings from April 6 to June 4 in the orchard area of the former River City High School campus on Clarendon Street. Performances will take place in June. Visit www.westsactheater.com.

Speak in public

A new chapter of "Toastmasters" will hold a mock meeting at 6 p.m. on March 10 at Center for Spiritual Awareness, 1275 Starboard Dr., West Sacramento. The demonstration will show what a Toastmasters meeting is like. Anyone interested in improving their communication and leadership skills is welcome. For information, call Sue at 454-4995 or email louh555@juno.com. West Sacramento also has a noon-time Toastmasters club that meets on Thursdays. Visit www.district39.org for more local Toastmasters information.

Crime map

A new searchable "crime map" for West Sacramento is now available online. Sort for crime by location (such as near your home), by date, or by crime type. A link is now available at the News-Ledger's home page at www.news-ledger.com. Or visit the city's website, www.cityofwestsacramento.org, travel to the police department's page and look for the link there.

Sustainability

Sustainable transportation, construction and general issues are the subjects of three upcoming seminars sponsored by Waste Management, North State Building Industry, Yolo County and the City of West Sacramento. "Transportation and Fleet Regulations" will be the topic on Wed., March 4, beginning with an 8:30 a.m. breakfast at the civic center. The seminar will go from 9-11:45 a.m. A seminar on "Green Building" is planned for June 3, and a "Sustainability Fair" will be held Oct. 17. Call 617-4590 or visit www.westsacrecycles.org.

Check out RCHS

The new River City High School campus will hold an open house at 6 p.m. on March 25. The campus is located near Jefferson Boulevard in Southport, across from Higgins Road.

New Assoc. Pastor

Join Trinity Presbyterian Church as it installs Rev. Tina Torres as new Associate Pastor of Latino Ministries on Sunday, march 1 at 2 p.m. The church is located at 1500 Park Blvd. For information, call 371-5875 or www.TrinityWestSac.org.

Prevent foreclosure

"NeighborWorks HomeOwnership Center" is joining with the McGeorge School of law to offer legal assistance to homeowners trying to prevent foreclosure. Seminars are available in English, Spanish and Russian. Visit www.nwsac.org or call 452-5356 ext. 229.

Fellowship available

Applications are being accepted through Feb. 25 for the California Senate Fellows program, reports State Senator Lois Wolk (D-Davis). The program provides 18 college graduates with an opportunity to become full-time Senate staff members at the Capitol for 11 months. It includes a stipend plus benefits, as well as 12 units of graduate credit through Sacramento State University. Applicants must be at least 20 years old and graduates of a four-year college or university. Visit www.csus.edu/calst/senate or call 278-7693. Fellowships begin in October.

Nutrition festival

Yolo County and La Superior Market will co-host a nutrition festival on March 7 to celebrate healthy eating. The event will take place from noon to 5 p.m. at the market, 34 W. Court Street in Woodland. On hand will be free health screenings, booths with information on healthy cooking and free recipes, children's activities and more. For more information on National Nutrition Month, visit www.eatright.org. For information on the event, call Sarah Vanegas, (530) 666-8446.

Wood stoves

You can still receive a $250 rebate for exchanging your old wood stove with an EPA-certified lower-polluting unit. You may qualify if your stove or insert was manufactured before July 1, 1990, and you replace it with a new EPA Phase II certified wood stove or insert, gas or pellet stove. The Woodstove Change Out program has been extended until Feb. 27. Visit the Yolo-Solano Air Quality Management District site at www.ysaqmd.org. You may also sign up with the district for notification of poor air quality conditions when users are asked to voluntarily refrain from burning; visit http://ysaqmd.enviroflash.org.

For children

The local library branch (corner of Jefferson/Merkley) plans to run new programs for young kids beginning in February. "Preschool Storytime" is designed for 3-5 year olds, and will run Tuesdsays at 11:30 a.m. from Feb. 3 through March 31, and Saturdays Feb. 7 through March 28. The "Mother Goose on the Loose" program is designed for children from several months old to 36 months old. It runs Wednesdays at 2 p.m. from Feb. 4 to March 25 and Sundays Feb. 7 – March 28. There will be music, stories, fingerplays, movement and song. Both programs are free. For more information, call 375-6465.

Yolo commissions

Information on Yolo County advisory boards, commissions, councils and committees is now available at www.yolocounty.org. Go to "Community" and then "Advisory Bodies." Also available are applications for members of the public interested in serving.

Start gardening

Cut costs and improve your cuisine by growing your own garden. A free class to help you "Reduce Garden Costs by Propogating Your Own Seeds and Cuttings" is planned for 10 a.m. to noon on Sat., Feb. 28, at Woodland Community College, 2300 E. Gibson Ave. in Woodland. Hosted by the Yolo County master Gardeners. Call (530) 666-8143 for information.

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